





# February 2012

## Happy Valentine's Day

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1 Birthday Menu</b> Turkey w/ gravy, whipped potatoes, carrots, rye bread, lemon cake w/frosting	<b>2</b> Chicken Breast in Marinara Sauce, broccoli, brown rice, wheat bread, pears	<b>3</b> Meatloaf, mixed vegetables, noodles, dinner roll, orange	<b>4</b>
<b>5</b>	<b>6</b> Chicken Leg & Thigh, w/gravy, au gratin potatoes, spinach, bread, orange, peanut butter cookie	<b>7</b> Spaghetti & Meatballs, tossed salad, Italian bread, apple	<b>8</b> Open Face Roast Beef Sandwich, broccoli, whipped potatoes, wheat bread, peaches	<b>9</b> Turkey Breast w/ gravy, O'Brien Potatoes, green beans, grain bread, pineapple rings	<b>10</b> Beef Stew w/carrots, potatoes, celery, onions, noodles, white bread, banana	<b>11</b>
<b>12</b>	<b>13</b> Boneless Country Ribs, broccoli, orzo, bread, fruit cocktail	<b>14 Valentine's Day</b> Meatloaf w/gravy, Gourmet potatoes, Asian vegetables, raspberry sorbet	<b>15</b> Chef's Salad w/ chicken, egg, cucumbers, tomatoes, roll, macaroni salad, apricots	<b>16</b> Stuffed Cabbage, whipped potatoes, carrots, grain bread, cherry gelatin	<b>17</b> Turkey w/ gravy, yams, baby peas, wheat bread, pineapple bits	<b>18</b>
<b>19</b>	<b>20 President's Day</b> Salisbury Steak w/ gravy, peas & red peppers, noodles, white bread, grapes	<b>21</b> Sweet & Sour Pork, spinach salad, rice, grain bread, banana	<b>22 Ash Wednesday</b> Cheese Tortellini in Sauce, mixed vegetables, Italian bread, peaches	<b>23</b> Roast Beef w/ gravy, whipped potatoes, broccoli, wheat bread, brownie	<b>24</b> Cod w/ Lemon, scalloped potatoes, stewed tomatoes & cabbage, orange	<b>25</b>
<b>26</b>	<b>27</b> Hamburger, Paprika roasted potatoes, butternut squash, wheat bun, plums	<b>28</b> Turkey Divan, broccoli, brown rice, wheat bread, sugar cookie, apricots	<b>29</b> Spaghetti & Meatballs, Tossed Salad, Italian Bread, Fuji Apple	