



WALK VIRTUALLY WITH LIFESPAN IN SUPPORT OF RESOURCES AND SERVICES FOR OLDER ADULTS

To sign up as a virtual walker or make a donation,
visit www.walkforahealthycommunity.org

Select—Location Pittsburgh, then LifeSpan Inc.

Out of an abundance of caution, protection and safety for our Walk participants and volunteers, the Highmark Walk has been changed to a virtual walk.

A virtual walk is a real walk, but on your terms! Anytime between May 9 and June 30, you choose how and when you walk (treadmill, park, trail, neighborhood), it's your choice. You also pick the time of when you start and stop. Receive a Highmark T-Shirt when you sign up as a walker and donate \$15.00.

OUR GOAL IS TO RAISE \$10,000

***Highmark Blue Cross/Blue Shield
underwrites the cost of this
event—all nonprofits partici-
pating receive 100 percent of the
donations they raise.***

For more information or to
donate, please contact

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