

LifeSpan

Resources and Services for Older Adults

Chartiers Resource Center
300 Lincoln Avenue
Carnegie, PA 15106

Regional Manager: Claudette Biers

Hours of Operation:

Monday-Friday 8am to 4pm

Phone Number:

412 276-5056

Web Site: www.lifespanpa.org



**CELEBRATE OLDER
AMERICANS
MONTH WITH US**

SPECIAL DAYS IN MAY

God Bless America!

Learn the words for a special surprise.

COMING SOON!!!! Virtual Classes

See CCAC Virtual Classes offered for May.

New hours for Grab N Go pick up 11am to 12pm

PRACTICE SOCIAL DISTANCING AND WEAR FACE MASK

A stylized American flag with a blue field of white stars and red and white stripes, serving as a background for the title and lyrics.

GOD BLESS AMERICA

Lyrics

God bless America, land that I love

Stand beside her and guide her,

Through the night with the light from above

From the mountains, to the prairies,

to the oceans white with foam

God bless America, My home sweet home.

God bless America, My home sweet home.

We would like all our consumers to participate in the singing of this song in honor of all our Older Americans.

Show us what you got, teach us how to become better people. We value your character, ethics, kindness, sense of humor and your manners.

We honor all Older Americans for this month and always for your contributions to our society, in the past, today and in the future.

God bless our Older Americans!

SAVE THE DATE

SPECIAL LUNCH IN HONOR OF OLDER AMERICANS

(Tentative—awaiting approval)

WHAT: HAM BBQ SANDWICH & MACARONI SALAD

WHEN: MAY 21st, 2021

HOW: CALL 412-276-5056 RESERVE BY MAY 14TH, 2021

**WHERE: LIFESPAN SENIOR RESOURCE CENTER AT
300 LINCOLN AVENUE, CARNEGIE, PA 15106**

**TIME: WHEN YOU RESERVE YOU WILL BE GIVEN A
TIME BETWEEN 11 & 1 TO PICKUP YOUR ORDER**

COST: \$5.00 (MUST HAVE EXACT, NO CHANGE IS GIVEN)

This is a tentative date at this time, please call for more information. The proceeds will help with the cost of programming for Older American Adults.

GRAB—N—GO LUNCHES

To order for the week, you must call before Monday at noon of that week. Just call 412-276-5056 and ask Claudette. Pick up is Wednesday between the hours of 11:00 AM & 12:00 PM



BEEP-BEEP BINGO!

When: Once a week, depending on the weather.

How: Receive a call on Monday to make a reservation

Why: If interested, call the center at 412-276-5056

Come join the fun!

CCAC Virtual Classes May 2021

Mondays - Movin' with Marlon! 11am - 12pm

Crafts w/April 1pm –2pm

Tuesdays - Tia Chi w/Chantel 10am

Family History w/Dianne 11am-12pm

Good News Tuesday 1 pm– 2pm

Wednesdays - Movin' with Marlon! 11am –12pm

Write Your Story 2pm –3pm

Thursdays - Tia Chi w/Chantel 10am

Packable Picnics w/Hilary 4pm

Bingo 12:30 on May 20th

Fridays - Dance and Be Fit! w/Roland Ford 10am –11am

Call if you would like to be added to the Vaccination List . As soon as American Healthcare calls we will call everyone to schedule.

COVID-19
CORONAVIRUS

