



Resources and Services for Seniors



### **Imperial Hours of Operation**

Monday-Friday 8am-4pm

540 Penn Lincoln Drive Oakdale Pa. 15126

(724) 218-1669

Website: [lifespanpa.org](http://lifespanpa.org)

Kathleen Fritchman: Regional Manager

[www.lifespanpa.org](http://www.lifespanpa.org)

Lunch is served daily at 11:30am; please arrive on time. Lunch reservations must be made at least the day before by 11AM.

Lunch is a suggested \$1.50 donation.

### **Center Closure**

**LifeSpan Imperial will continue be closed due to COVID-19. We will advise reopening date.**

### **Advisory Committee Meeting**

Thursday—October 8 @ 10:00AM

*Let your voice be heard!*

Do you have ideas, suggestions or concerns to help improve daily operations. All ideas and comments welcome!

**Monday**

**Sit and Fit Video**

**10:00 am**

**\$1 member/\$2 Non**

**Tuesday**

**Aerobics with Judi**

**10:00 –11:00 am**

**\$1 member / \$2 Non**

**Wednesday**

**Line Dance**

**9:30 -11:30 am**

**\$2 member / \$3 Non**

**&**

**Strength and Balance**

**10:00 -11:00 am**

**\$1 member / \$2 Non**

**Thursday**

**Rest & Relaxation**

**with Judi / CCAC**

**10:00--11:00 am**

**Friday**

**Chair Exercise**

**with Judi / CCAC**

**10:00 - 11:00 am**

**\$1 member / \$2 Non**



**Bridge: Monday at 12:00 noon**

**Hand&Foot: Monday at 12:30**

**Bunco: Tuesday at 12:30**



**Rummikub: Wednesday at 12:00**



**500 Bid: Thursday at 11:30 ( need to Register)**

MONDAYS - Starts at 12:00 noon

THURSDAYS - starts at 12:00 noon

(Please arrive early)

The more players the more fun and larger the pots.



**To everyone who stayed safe at home and wore masks  
and gloves to protect themselves and others.**

**We can't thank you enough.**

**Continue to be smart and stay safe. We hope to see  
everyone soon. Be happy and healthy.**

# ANNOUNCEMENTS

The 4th Annual FLEA MARKET has been rescheduled for when the center re-opens. We are still taking donations. (No clothing or shoes.) Call us at 724.218.1669 to let us know when you will be dropping off your donation at the back door.

The ARK ENCOUNTER & CREATION MUSEUM trip has been rescheduled for May 23—25, 2021. Please call 724.218.1669 to reserve your spot. Cost is \$388.00 per person with double occupancy. \$476.00 for single room.

GRAB & GO LUNCHESES are available to members on Monday (for Monday & Tuesday), Wednesday (for Wednesday & Thursday), and Friday. Lunches must be reserved two days before pickup. Pickup is at the back of the building and the hours are from 11:00 am to 12:30 pm. Masks must be worn. The suggested donation is \$1.50 per lunch. Please have exact change as we are unable to make change. Envelopes are available for payments.





Chat with Kathie  
Free pumpkin cookies  
and coffee.  
October 27



MOCKTAILS & TRIVIA !!

Test your trivia knowledge and enjoy a "mocktail"

October 16 - 1:00 pm