








Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Baked Cod w/ paprika, Au gratin potatoes, broccoli florets, multi-grain bread, sliced peaches Cal 630	2 Round Steak w/ gravy, Italian green beans w/red pepper, glazed yams, bread, fruit cocktail Cal 635	3 Turkey Teriyaki Meatballs w/sauce, whipped potatoes, sliced carrots, multi-grain bread, jelly roll Cal 666	4 Beef Chili Dog, peas w/red pepper, hot dog bun, gala apple Cal 658	5
6 	7 <b>Labor Day</b> Swiss Steak w/tomato onion gravy, scalloped potatoes, Italian green beans, roll, fruit cocktail Cal 745	8 Beef Sloppy Joe, roasted potatoes, carrots w/orange glaze, wheat sandwich bun, orange Cal 729	9 Pork Loin w/apple glaze, midori blend, whipped potatoes, multi-grain bread, sliced peaches Cal 681	10 Bow Ties w/ beef meat sauce, green & wax beans, Italian bread, banana Cal 707	11 <b>Birthday Menu</b> Chicken Breast w/ mushroom sauce, savory potatoes, broccoli, bread, brownie w/ M&Ms Cal 729	12 
13 	14 Beef Stuffed Cabbage, garlic whipped potatoes, mixed vegetables, bread, Mandarin oranges and pineapple cuts Cal 721	15 Baked Cod w/ lemon wedge, cheese tortellini w/marinara sauce, French cut green beans, bread, orange Cal 603	16 Turkey Ala King w/sauce, noodles w/ parsley, stewed tomatoes, biscuit, red delicious apple Cal 609	17 Beef Porcupine Meatballs w/sauce, haluski, peas, whole wheat bread, banana Cal 691	18 Baked Chicken w/ lemon cream sauce, roasted potatoes, brussels sprouts, rye bread, pears Cal 666	19
20 	21 Pepper Steak w/ green peppers, onions & tomatoes in gravy, garlic whipped potatoes, bread, fruit cocktail Cal 652	22 Chicken Breast w/ gravy, broccoli florets, brown rice pilaf, dinner roll, Gala apple Cal 617	23 Baked Cod w/dill sauce, gourmet potatoes, stewed tomatoes & zucchini, multi-grain bread, peaches Cal 638	24 BBQ Pulled Pork, Au gratin potatoes, sliced carrots, hamburger bun, tangerine Cal 672	25 Gemelli Pasta w/ turkey meat sauce, mixed vegetables Italian bread, orange Cal 637	26
27	28 Turkey Divan w/ white sauce, broccoli spears, brown rice, dinner roll, apricots, graham crackers Cal 652	29 Beef Tips w/ gravy, noodles, carrot coins, rye bread, orange Cal 648	30 Boneless Pork w/ dijon sauce, scalloped potatoes, mixed vegetables, honey wheat bread, applesauce w/ cinnamon Cal 660	