

# LifeSpan

Resources and Services for Seniors

**Chartiers Resource Center**

**300 Lincoln Avenue:**

**Carnegie, PA 15106**

**Regional Manager: Claudette Biers**

**Hours of Operation:**

**Monday-Friday 8am to 4pm**

**Phone Number: 412 276-5056**

**Web Site: [www.lifespanpa.org](http://www.lifespanpa.org)**

# OCTOBER

## SUPER HALLOWEEN BINGO

**OCTOBER 29TH, 2021**

**COST: \$15 PER PERSON**

**INCLUDES: 1 PACK OF BINGO CARDS &  
A LUNCH OF ZITI, TOSSED  
SALAD & ITALIAN BREAD**

**PAYOUTS 15 Reg Games = \$15**

**4 Specials = \$50 and 1 Coverall = \$200**

**CHINESE AUCTION \$2=1, \$5=3, \$10=7**

**(For the donated baskets)**

**WINNER TAKE ALL/ HORSE RACE/**

**Extra Books \$5; Extra Specials Strip of 3  
cards \$1 for Special \$2 for Coverall**

**SHARE THE WEALTH (50/50)**

**DOOR PRIZES**



# MONDAYS

**8am-4pm Fitness Center Open**

**10am- LINE DANCING**

**11am - CRAFT**

**12pm- EUCHRE CARD CLUB**

**1pm- CROCHET w/ROSE**

## **SPECIAL MONDAYS**

**October 4th, 11th and 18th: 1:15pm to 3:15pm**

**- CCAC Bring Your Own Device with Chantel**

**October 4th, 11th, 18th and 25th: 11am -12pm**

**Craft with Laretta**

**Each craft will cost \$2 for supplies & materials.**

**Each craft will be for Halloween/Fall.**

# TUESDAYS

**8 am to 4 pm**

**FITNESS CENTER OPEN**

**12:15 pm**

**BINGO**



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## **Special Tuesdays**

**October 5th- Served 11am to 11:30am—Lunch**

**Chili w/Corn Muffin \$3—Please sign up**

**October 5th -10am-11am—Join Cyndie Carioli for important information about Fraud Squad**

**October 12th -Served 11am to 11:30am—Lunch**

**Tuna Noodle Casserole \$3—Please sign up**

**October 19th -Served 11am to 11:30am—Lunch**

**Mashed Potatoes w/Meatballs & Gravy \$3**

**October 26th Served 11am to 11:30am—Lunch**

**Hot Dog \$1 Each**

# WEDNESDAYS

**8 am to 4 pm Fitness Center Open**

**9 am—11:30 am Art Class**

**10 am Bridge**

**12 pm Games**

## Special Wednesdays

**October 6th Book Club 10am to 11am—  
Undercurrent by Nora Roberts—Come and  
join the discussion about this book.**

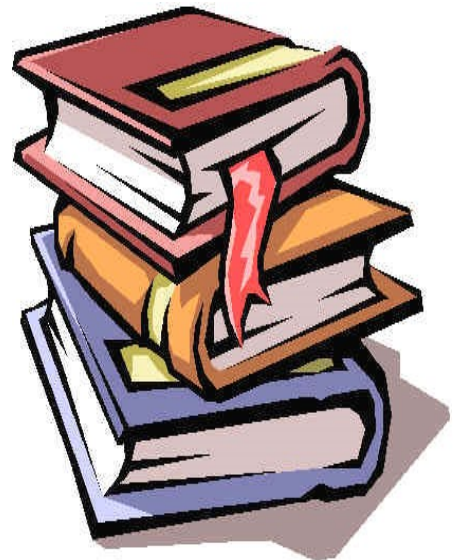
**class begins.**

**October 13th Card Club—500**

**Bid**

**October 27th Card Club—500**

**Bid**



# THURSDAYS

**8 am - 4 pm - Fitness Center Open**

**9 am - 11:30 am - Art Class**

**1 pm—CCAC Chair Exercise with  
Amy**

**10 am - Line Dancing**

## Special Thursdays

**October 14th - 1 pm -Movie & Snack—**

**The Bucket List**

**October 21st - 11:30 am -1:30 pm—Lunch Bunch**

**—Central Diner —Robinson Town Center**

**— OPT trip make sure to register &**

**indicate whether you are driving or not.**

**October 28th - 1 pm -Movie & Snack—**

**The Longest Ride**

**October 21st— 23rd**

**ART SHOW**

# FRIDAYS

**8 am to 4 pm FITNESS CENTER OPEN**

**12:30 pm BINGO W/STRETCH**

## Special Fridays

**October 1st -10 am -Silver Scripts**

**11 am—Aetna—Ice Cream**

**11-11:30 am Lunch -Kielbasa, Kraut & Pierogies  
\$6- Please make sure to sign up and pay**

**October 8th - 10 am Pinochle**

**- 10 am Craft w/Pat & Judy Witch Craft I**

**- 11-11:30 am Lunch Chicken Salad \$4**

**Please make sure that you sign up & pay**

**October 15th—No lunch will be served**

**- 10 am—Craft w/Pat & Judy Witch Craft II**

**October 22nd— 10 am Advisory Committee Mtg**

**- 10 am 500 Bid**

**- 11-11:30 am Lunch - Hamburger &**

**Fries \$5 or Cheeseburger & Fries \$6—**

**Please make sure to sign up and request with  
or without cheese.**