




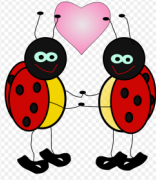


Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Tuna noodle casserole, Broccoli & carrots, Dinner roll, Orange Cal 637	2 Birthday Menu Ground Beef Stuffed Pepper,, Whipped potatoes, Carrot coins, Rye bread, Boston crème roll Cal 782	3 Lemon pepper Cod, Cabbage & noodles, Italian green beans & stewed tomatoes, Multi-grain bread, Red Delicious Apple Cal 603	4 Ground Turkey Chili, Macaroni, Sauteed Zucchini & yellow beans, Italian bread, Pineapple & Mandarin oranges Cal 607	5
6 	7 Salisbury steak w/ Spanish tomato sauce, Savoy potatoes, Carrot coins, Honey cracked wheat bread, Orange Cal 652	8 Baked cod, Gourmet potatoes, Peas, Multi-grain bread, Sliced peaches, Tartar sauce Cal 644	9 Turkey w/thin gravy, Scalloped potatoes, Corn w/red peppers, Wheat dinner roll Pineapple cuts, Fruit grain bar Cal 720	10 Baked ziti w/4 cheeses, Green & wax beans, Dinner roll, Banana Cal 662	11 Honey mustard chicken breast, Whipped yams, Cauliflower & broccoli, Wheat bread, Pear cuts Cal 667	12 
13 	14 Valentines Day Tuscan chicken w/ white sauce, Butternut squash w/margarine & brown sugar, Beets, Italian bread, Sugar cookies Cal 630	15 Cowboy burger w/ onions & mushrooms, Baked beans, Wheat bun, Orange, Ketchup Cal 673	16 Penne & Turkey meatballs in sauce, Green & wax beans, Italian bread, tangerine Cal 689	17 Apple spice pork w/sauce, Whipped potatoes, Italian green beans, Honey cracked wheat bread, Apricots Cal 629	18 Roast beef w/ gravy, Brown rice pilaf, Broccoli, Dinner roll, Banana Cal 714	19
20 	21 President's Day Turkey chili w/black beans, corn & cheddar cheese, Spinach, Wheat bread, Orange Cal 608	22 Pepper steak au jus w/sauteed onions, mushrooms & green peppers, Wild rice w/orzo, Multi-grain bread, Tangerine Cal 631	23 BBQ Beef, Savory potatoes, Louisiana green beans w/celery, tomatoes, & bell pepper, Wheat dinner roll, banana Cal 657	24 Ground beef meatballs w/Teriyaki sauce Mashed potatoes, Cooked cabbage, Rye bread, Gala apple, Cal 628	25 Turkey patty Parmesan w/marinara sauce & Mozzarella cheese, Parsley potatoes, Peas & carrots, Wheat bread, fruit cocktail Cal 641	26 
27	28 Chicken breast w/ thin gravy, Broccoli florets, Brown rice pilaf, Multi-grain bread, Yellow Delicious Apple Cal 758		