








Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Farmers Market Vouchers June 23! Check your local Center for times Of Distribution</p> 			<p>1 Ground Beef Cabbage Roll, Whipped Potatoes, Carrot Couts w/parsley, Whole Wheat Bread, Fruit Cocktail Cal 641</p>	<p>2 Chicken Breast w/ thin gravy, Brussels Sprouts, Potatoes with Chives & Parsley, Multi-grain Breas, Fruit & Grain Bar Cal 714</p>	<p>3 Coney Island Beef Hot Dog on Whole Wheat Hot Dog Bun, Peas and Corn, Pineapple Cal 684</p> 	
<p>5</p> 	<p>6 White Turkey Chili w/ Brown Rice, Cooked Baby Carrots, Italian Bread, Medium Orange Cal 675</p>	<p>7 Tuna Noodle Casserole w/ Peas, Stewed Tomatoes, Honey Wheat Bread, Tropical Fruit Mix Cal 690</p>	<p>8 Birthday Menu Chicken Breast Divan Sauce, Broccoli Spears, Egg Noodles, Little Debbie Dessert Cal 760</p>	<p>9 Cod w/Lemon Pepper, Harvard Beets, Macaroni & Cheese, Rye Bread, Pineapple & Mandarin Oranges Cal 642</p>	<p>10 Open face Ground Beef Meatloaf Sandwich w/Gravy, Roasted Potatoes, Cauliflower, Carrot Coins & Red Peppers, Bread, Banana Cal 635</p>	<p>11</p>
<p>12</p>	<p>13 Beef Tips w/ Gravy, Confetti Couscous, Orange Glazed Carrots, Wheat Bread, Pineapple Cal 696</p>	<p>14 Turkey w/Thin Gravy, Stuffing, Broccoli, Pears, Cranberry Sauce Cal 608</p>	<p>15 Deconstructed Ground Beef Stuffed Pepper, Garlic Whipped Potatoes, Yellow Beans, Italian Bread, Apple Cal 664</p>	<p>16 Pork Lane w/ Mustard Glaze, Yams w/Brown Sugar & Margarine, Brussels Sprouts, Dinner Roll, Applesauce Cal 677</p>	<p>17 Chicken Patty w/Mozzarella Cheese and Marinara Sauce, French Cut Green Beans, Honey Wheat Bread Orange Cal 716</p> 	<p>18</p>
<p>19</p> 	<p>20 Lemon Garlic Cod & Tartar Sauce, Peas, Cabbage & Noodles, Rye Bread, Fuji Apple Cal 648</p>	<p>21 Turkey Patty w/ Teriyaki Sauce, Scalloped Potatoes, Steamed Red Cabbage, Dinner Roll, Apricots Cal 650</p>	<p>22 Ground Beef Stuffed Cabbage, Garlic Whipped Potatoes, Carrot Coins, Wheat Bread, Peach Cuts Cal 611</p>	<p>23 Voucher Day Boxed Lunch Cold Roast Beef on Whole Grain Roll, Cold Orzo Salad w/ Peas & Corn, Orange, Fig Newtons</p>	<p>24 Chicken In Mushroom Gravy, Broccoli Florets, Corn & Red Pepper, Honey Wheat Bread, Banana Cal 615</p>	<p>25</p>
<p>26</p>	<p>27 Spiral Pasta w/ Ground Beef Meat Sauce, Green & Wax Beans, Wheat Bread, Orange Cal 702</p>	<p>28 Creole Chicken, Rice, Cauliflower, Dinner Roll, Pineapple Oatmeal Cookie Cal 639</p>	<p>29 Roast Beef w/ Thin Gravy, Lemon Potatoes, Stewed Tomatoes & Zucchini, Rye Bread, Fruit Cocktail Cal 680</p>	<p>30 Beef Hamburger on a Hamburger Bun, Baked Beans, Carrots, Tangerine Cal 653</p> 