








Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Cod w/Lemon Pepper Seasoning, Au Gratin Potatoes, Carrots, Dinner Roll, Apple, Graham Crackers Cal 628	2 Turkey Divan, Brown Rice, Broccoli, Wheat Bread, Apricots, Oatmeal Raisin Cookie Cal 712	3 Rotini in Ground Beef Meat Sauce, Yellow Beans w/ Mushrooms, Italian Bread, Orange Cal 621	4 Chicken Breast w/Thin Gravy, Savory Potatoes, Brussels Sprouts, Multi-Grain Bread, Fruit Cocktail Cal 627	5
6	7 Salmon Patty, Carrots & Cauliflower, Buttered Noodles, Wheat Bread, Red Delicious Apple, Lemon Wedge Cal 698	8 Election Day Roast Beef w/Gravy, Brown Rice Pilaf, Beets, Multi-Grain Bread, Orange Cal 642	9 Chicken Breast w/Mandarin Orange Glaze, Gourmet Potatoes, French Cut Green Beans & Almonds, Pineapple Cal 600	10 Ground Beef Meatloaf w/Thin Gravy, Garlic Whipped Potatoes, Peas, Wheat Bread, Fruit Cocktail Cal 708	11 Veterans' Day Chicken Patty w/ Mozzarella Cheese & Marinara Sauce, Broccoli, Dinner Roll, Banana Cal 641	12 
13 	14 Swiss Steak w/ Tomatoes & Onions in Thin Gravy, Vegetable Medley, Rye Bread, Peaches Cal 629	15 Pork Loin w/ Teriyaki Sauce, Brown Rice Pilaf, Broccoli Florets, Multi-Grain Bread, Pineapple Tidbits Cal 669	16 Roast Beef w/ Gravy, Confetti Couscous, Steamed Cabbage, Wheat Bread, Yellow Delicious Apple Cal 673	17 Herb Baked Chicken Breast w/ Thin Gravy, Roasted Potatoes, Green Beans, Stuffing, Pears, Cranberry Sauce Cal 696	18 Birthday Menu Ground Beef Stuffed Pepper, Whipped Potatoes, Yellow Beans, Wheat Bread, Individual Jelly Roll Cal 679	19
20	21 Pork Loin w/ Gravy, Whipped Potatoes, Mixed Vegetables, Dinner Roll, Pineapple Cal 729	22 Tuna Casserole w/Peas, Beats, Rye Bread, Orange Cal 610	23 Ground Beef Porcupine Meatballs, Noodles, Broccoli Florets, Honey Wheat Bread, Apple Cal 725	24 Happy Thanksgiving! Centers Closed	25 Centers Closed	26 
27 	28 Cod w/Lemon Pepper Seasoning, Macaroni & Cheese, Stewed Tomatoes, Honey Wheat Bread, Fuji Apple Cal 658	29 BBQ Beef w/ Wheat Bun, Hauluski, Orange Glazed Carrot Coins, Fruit Cocktail Cal 669	30 Boneless Pork Loin w/Dijon Sauce, Lemon Potatoes, Broccoli Florets, Rye Bread, Applesauce Cal 652	