






Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Springs w/ Meatballs & Sauce, Italian Green Beans Italian Bread, Banana Cal 700	2 Chicken Breast w/Lemon Cream Sauce, Gourmet Potatoes, Peas w/ Pearl Onions, Honey Wheat Bread, Orange Cal 663	3 Lemon Pepper Cod, Macaroni & Cheese, Stewed Tomatoes, Honey Wheat Bread, Fuji Apple Cal 658	4 
5	6 Cowboy Hamburger, Sauteed Mushrooms & Onions, Baked Beans, Whole Wheat Bun, Tangerine Cal 726	7 Birthday Menu Creole Beef w/Tomato-Onion Sauce, Barley, Broccoli & Cauliflower, Italian Bread, Little Debbie Boston Crème Roll, Peaches Cal 644	8 Ground Beef Cabbage Roll, Whipped Potatoes, Carrot Coins w/ Parsley, Whole Wheat Bread, Fruit Cocktail Cal 641	9 Chicken Breast w/Thin Gravy, Potatoes w/Chives & Parsley, Midori Blend, Bread, Strawberry Fruit/ Grain Bar Cal 693	10 Four Cheese Ziti, Summer Squash & Yellow Beans, 12-Grain Bread, Banana Cal 653	11
12 	13 White Turkey, Black Bean & Corn Chili, Cooked Baby Carrots, Brown Rice Italian Bread, Pineapple & Mandarin Oranges Cal 675	14 Open Face Meatloaf Sandwich w/ Gravy, Roasted Potatoes, Cauliflower, Carrot Coins, & Red Peppers, Bread, Fruit Mix Cal 640	15 Chicken Divan w/Sauce, Egg Noodles, Broccoli Spears, Whole Wheat Dinner Roll, Diced Peaches Cal 725	16 St. Patrick's Day Corned Beef w/ Cabbage & Caraway Seeds, Whipped Horseradish Potatoes, Dark Rye Bread, Sugar Cookies Cal 753	17 Tuna Noodle Casserole w/Peas, Stewed Tomatoes, Honey Wheat Bread, Banana Cal 689	18 
19	20 Beef Tips w/ Gravy, Barley, Orange Glazed Carrots, Whole Wheat Bread, Pineapple Cal 701	21 Turkey Breast w/Thin Gravy, Stuffing, Broccoli, Cranberry Sauce, Pears, Fig Newtons Cal 680	22 Ground Beef Stuffed Pepper, Garlic Whipped Potatoes, Yellow Beans, Italian Bread, Apple Cal 664	23 Pork Loin w/ Mustard Glaze, Yams w/Brown Sugar & Margarine, Brussels Sprouts, Dinner Roll, Applesauce Cal 677	24 Baked Cod w/ Dill Sauce, Au Gratin Potatoes, French Cut Green Beans, Multi Grain Bread, Orange, Fruit & Grain Bar Cal 705	25
26 	27 Beef Meatballs in Teriyaki Sauce, Scalloped Potatoes, Broccoli, Dinner Roll, Apricots Cal 669	28 Chicken Patty w/Mozzarella Cheese & Marinara Sauce, Peas w/Pearl Onions, Italian Bread, Tangerine Cal 744	29 Ground Beef Stuffed Cabbage, Garlic Whipped Potatoes, Carrot Coins, Wheat Bread, Peach Cuts Cal 611	30 Roast Beef w/ Gravy, Brown Rice, Beets, Multi Grain Bread, Orange, Graham Crackers Cal 649	31 Four Cheese Baked Ziti w/ Marinara Sauce, Cooked Spinach, Rye Bread, Banana Cal 670	