








Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Beef Tips w/ Gravy, Whipped Horseradish Potatoes, Peas, Wheat Bread, Peach Cuts Cal 652	2 Tuna Noodle Casserole, Carrots, Whole Grain Dinner Roll, Tangerine, Graham Crackers Cal 674	3 Chicken Divan w/ Sauce, Brown Rice, Broccoli, Honey Wheat Bread, Apricots Cal 681	4 Rotini in Ground Beef Meat Sauce, Yellow Beans w/ Mushrooms, Italian Bread, Orange Cal 621	5 Salisbury Steak w/Gravy, Savory Potatoes, Brussels Sprouts, Multi Grain Bread, Fruit Cocktail Cal 686	6 
7	8 Chili w/ Beef & Beans, Brown Rice, Carrots & Cauliflower, Oyster Crackers, Red Delicious Apple Cal 749	9 Roast Beef w/ Gravy, Buttered Noodles, Beets, Multi-Grain Bread, Orange Cal 613	10 Chicken Breast w/Orange Glaze, Gourmet Potatoes, French Cut Green Beans & Almonds, Dinner Roll, Pineapple Cal 600	11 Meatloaf w/ Tomato Gravy, Garlic Whipped Potatoes, Peas, Wheat Bread, Individual Jelly Roll Cal 708	12 Chicken Patty w/ Mozzarella Cheese & Marinara Sauce, Broccoli, Italian Bread, Banana Cal 766	13
14 	15 Swiss Steak w/ Tomato & Onion, Thin Gravy, Scalloped Potatoes, Vegetable Medley, Rye Bread, Peaches Cal 629	16 Chicken Breast w/Tuscan Sauce, Cubed Butternut Squash, Beets, Italian Bread, Tangerine, Sugar Cookie Cal 598	17 Roast Beef w/ Gravy, Confetti Orzo, Steamed Cabbage, Yellow Delicious Apple Cal 697	18 Birthday Menu Ground Beef Stuffed Pepper, Whipped Potatoes, Yellow Beans, Wheat Bread, Individual Jelly Roll Cal 669	19 Beef Hot Dog w/ Ground Beef Sauce, Mexican Corn, Hot Dog Bun, Tangerine Cal 711	20 
21	22 Chicken Breast w/Thin Gravy, Mashed Potatoes, Broccoli Florets, Dinner Roll, Yellow Delicious Apple Cal 708	23 Cheese Baked Ziti, Beets, Rye Bread, Orange Cal 633	24 Ground Beef Meatloaf w/Tomato Gravy, Cauliflower Florets, Yams w/ Brown Sugar, Italian Bread, Peaches Cal 674	25 Baked Cod Florentine, Haluski, Stewed Tomatoes, Wheat Roll, Banana Cal 598	26 Cowboy Hamburger w/ Whole Wheat Bun, Baked Beans, Sauteed Mushrooms & Onions, Tangerine Cal 726	27
28	29 Centers Closed 	30 Boneless Pork Loin w/Dijon Sauce, Lemon Potatoes, Broccoli Florets, Rye Bread, Applesauce Cal 652	31 Beef Meatballs w/Sauce, Springs, Italian Green Beans, Italian Bread, Banana Cal 700	