



Resources and Services for Older Adults

314 East Eighth Avenue
Homestead, PA 15120
Phone: 412-464-1300

Fax: 412-461-7118
TTY: 412-461-0769

Annual Report Fiscal Year 2020-2021 SUMMER 2023

HIGHMARK VIRTUAL WALK FOR A HEALTHY COMMUNITY

LifeSpan participated in the 2022 Highmark Virtual Walk.
LifeSpan raised **\$5,635**.
All funds raised by LifeSpan, went directly to LifeSpan.

CASHTOBERFEST 2022 SPONSORS

BRONZE SPONSORS	SPONSORS	TICKET SPONSORS	BASKET SPONSORS
-KEYBANK -DENILLO HEATING	MAHER DUSSEL BOB/ALEX FYCHE SYSTEM FOUR ALLEGHENY HEALTH NETWORK	SAVOLAKIS-WASIK GLENN	METRO BENEFITS CHOPPERS LISA DELENA MARYGRACE REDER CAM CONSTRUCTION MARC ANTHONY CONSTRUCTION CORPORATE SYNERGIES COVERALL BRIDGE AUTO R3A BETH ANN KNAPP HUMANA

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If you, your family, friends or neighbors have benefited from LifeSpan's Programs and Resources for Older Adults, please consider making a donation.

Donations can be made out to: LifeSpan, Inc.
314 East 8th Avenue, Homestead, PA 15120.

Your contribution is greatly appreciated!





Resources and Services for Older Adults

Lifespan is funded in part by the Allegheny County Department of Human Services Area Agency on Aging.

www.alleghenycounty.us/dhs/aaa

AC/AAA Senior Line:
412-350-5460

Questions, comments or suggestions should be directed to

412-464-1300 Ext.128.

Would you like to receive our publications electronically?

Simply send your request to:

jleech@lifespansa.org



BOARD OF DIRECTORS 2020-2021

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Center Services Operations Director

Julia Huber
Fiscal Operations Director

Judy McCrum
Meals on Wheels Operations Director

Michael Dunn
Social Services Operations Director

Kimberly Daley
Human Resources Director

MISSION

LifeSpan offers resources, programs and services that promote safe, healthy and dignified living.

VISION

LifeSpan promotes and provides innovative, adult oriented community resources, programs and services for the changing needs of participating individuals and those who care for them.

PROGRAMS AND SERVICES

Care Management - Protective Services - Center Services
Information and Assistance - Family Caregiver Support Program
Senior Companion Program - Community Outreach
Volunteer Program - Meals on Wheels - Options Program

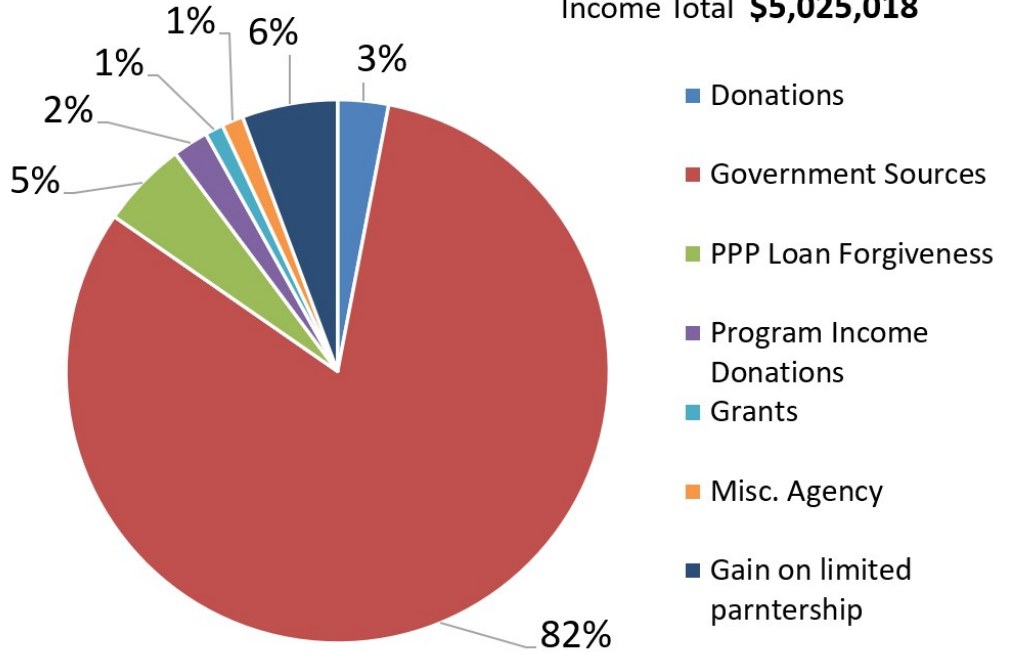


LIFESPAN FINANCIAL HIGHLIGHTS JULY 1, 2020–JUNE 30, 2021
AUDITED FIGURES BY MAHER DUESSEL CERTIFIED PUBLIC ACCOUNTANTS

INCOME

Donations	\$ 151,482
Government Sources	4,092,970
PPP Loan Forgiveness	258,890
Fundraising	5,872
Center Activities	3,884
Program Income Donations	106,395
Grants	55,112
Misc. Agency	64,375
Interest Income	862
Gain on Limited Partnership	<u>285,176</u>
TOTAL	\$ 5,025,018

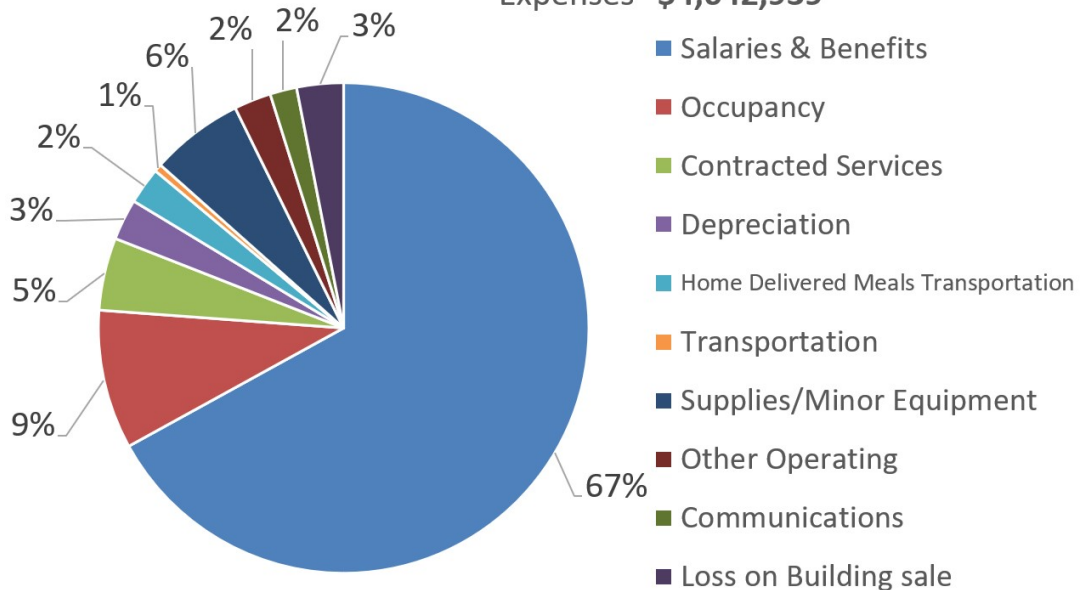
Income Total **\$5,025,018**



EXPENSES

Salaries & Benefits	\$ 3,109,971
Occupancy	425,611
Contracted Services	222,008
Depreciation	125,689
Fundraising	531
HDM/MOW Transportation	112,254
Transportation	23,350
Center Activities	333
Supplies/Minor Equipment	284,961
Other Operating	113,475
Communications	81,759
Loss on Building Sale	<u>142,997</u>
TOTAL	\$ 4,642,939

Expenses **\$4,642,939**



CENTER SERVICES

- LifeSpan, Inc. currently operates 6 Senior Community Resource Centers throughout Southwestern Allegheny County.
- The Centers are as unique as the individuals who visit them. Centers are open Monday through Friday, but hours vary.
- The Centers are vibrant and alive offering a diverse menu of activities as well as the normal daily schedules.
- Activities include a congregate meal, transportation registration, information and assistance, casino trips, Wii bowling, bridge clubs, book clubs, fitness/wellness instruction and art groups.

LifeSpan Center Services operated 6 Senior Centers and 3 program extensions serving **374 Consumers**, between July 1, 2020 and June 30, 2021.

The Centers served **22,301 Congregate Meals**.

23,519 Units of Information and Assistance was provided through the AIRS Certified Specialists.

— Community Partners

Our sincere thanks for the activities/speakers/resources provided throughout the year.

412 Food Rescue

AARP

Allegheny County District
Attorney's Office

Allegheny Intermediate Unit

Arden Courts

Amedisys Hospice

Arrowood @ Southwestern

Asbury Heights

Atria Senior Living

Baldwin Paramedic Rescue

Baptist Homes Society

Broadmore Senior Living

Carnegie Library—Knoxville

Carnegie Library—McKeesport

Clairton Cares

Clairton Police

Community College
of Allegheny County

Comfort Keepers

Dr. Hughes, Podiatrist

Duquesne University

Frick Art & Historical Center

Gallagher Home Health Care

Giant Eagle

Greater Pittsburgh Literacy
Council

Highmark

Home Instead Senior Care

Jefferson Regional
Foundation

Locust Grove Senior Living

The Mon Valley Initiative

North Fayette Township

Panera

Pittsburgh CLO

Pittsburgh Cultural Trust

Promise Hospice

Sandin Home Health
Services

South Hills Community
Connect Group

The Greater Pittsburgh Food
Bank

The Pines of Mt. Lebanon

Three Rivers Hospice

University of Pittsburgh
UPMC—Living-At-Home/

SOCIAL SERVICES

Care Management

- Those who are 60+ are eligible for OPTIONS. They can have some degree of either physical or mental frailty, or they can experience both. An evaluated individual may qualify for an appropriate form of care, ranging from adult day services and respite to basic home support services.
- All individuals over the age of 60 qualify for care management and identification of resources.
- There is no financial eligibility requirement for OPTIONS based services. However, consumers may be required to make a copayment for services based on income.

Caregiver Support Program

- The Caregiver Support Program (CSP) assists family and friends over the age of 18 in caring for their loved one in their home. The focus is to respond to the needs of the caregiver so that they are able to provide the best care possible for their loved one.
- All reimbursement is subject to the household income of the caregiver's loved one.
- A caregiver will receive a percentage of their qualifying purchases based on the income provided.
- There is also an opportunity for an older caregiver relative aged 55 and older to care for grandchildren or other family members who are not their own children under the age of 18.

LifeSpan's Care Management program provided services to **3,165 Consumers** between 7/1/2020 & 6/30/2021.

At that time the Care Management staff included:

- 1 Operations Director
- 3 Associate Directors
- 24 Care Managers
- 1 Enhanced Care Manager
- 2 support staff

12th Annual Holiday Sweet Treats Cookie Campaign

Each year, LifeSpan's HDM/MOW accepts donations of baked goods to distribute to our participants. It has become a tradition which many participants really look forward to.



MEALS ON WHEELS

- LifeSpan's MOW/HDM program, is a state and federally funded program that provides healthy meals and wellness checks to over 800 participating Older Adults in Allegheny County.
- In recognition of the multiple needs of the "whole" person. The MOW program is committed to service, provision and coordination within the broad realm of nutrition, health-related, and home care services.
- These meals provide a 1/3 of the Older Adult's daily nutritional needs that are delivered by a dependable MOW delivery driver their home.
- Meals are delivered Monday, Wednesday, and Friday (except on holidays) between the hours of 9 am and 4 pm. You must be at home to receive delivery of your meals. This is to ensure a face-to-face health and safety monitoring check.
- Older Adults looking to sign up for MOW must first call the Allegheny County Area Agency on Aging Senior Line to determine eligibility through completing a short assessment over the phone.
412-350-5460 or
412-350-4234 (after hours, weekends and holidays)
- LifeSpan MOW can also provide Private Pay meals, Insurance Plan meals, Community Health Choice meals by contacting the MOW department at
412-464-1300.
M-W-F 8am - 4pm and T-Th 8:30am - 3:30pm.

LifeSpan's Meals on Wheels Program operates four kitchens and served a total of **216,625 Meals** to **1,491 Participants** between 7/1/2020 & 6/30/2021.

Two meals are delivered on Monday's and Wednesday's, and one meal on Friday's, unless more are indicated in an individual's plan.



LifeSpan's "Tails of Kindness" Pet Program helps provide a bag of pet food weekly for our MOW participants with furry companions. The pet program has partnered with local PetSmart pet stores for in-kind donations.

The "Tails of Kindness" Pet Program provides 2 Cups of Food - per animal, per week for 53 MOW Participants with Pets. Serving 94 Animals (Cats & Dogs) and 2 Birds with food.

PROTECTIVE SERVICES

- Investigate elder abuse and neglect in the community, facilities, and hospitals.
- Provide assistance to alleviate imminent risk.
- Provide a full evaluation to determine the needs of older adults.
- Retain an older adult’s autonomy throughout the process of investigation, if they are determined to be “of sound mind”.
- Coordinate services with other entities to assist in the long term care of seniors.
- Investigators assisted older adults with resources for food, clothing, shelter, in-home services, mental health services, relocation, emergency medical care and other essential resources.
- Investigators collaborated with community organizations, law enforcement and ambulance services to ensure safety of older adults.

LifeSpan’s Protective Service Investigators initiated **1,180 Reports** of elder abuse between 7/1/2020 & 6/30/2021.

At that time the Protective Service staff included:

- 1 Operations Director
- 1 Director
- 2 Supervisors
- 14 Investigators
- 1 Assistant

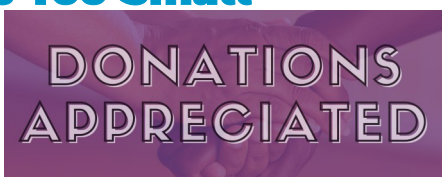


To our numerous center volunteers who show up day after day and help in our centers. Our volunteers don’t miss a beat—taking lunch orders, helping with special events, serving lunches, cleaning up, offering programs for the participants, calling bingo, folding brochures, preparing outreach bags, conducting tours of our facilities... the list just goes on and on.

LifeSpan is very fortunate to have a great group of volunteers. We can’t thank you enough!

Your Donations Go a Long Way - No Amount is Too Small

Contributions to LifeSpan from community groups and individuals are greatly appreciated. Donations, which are tax-deductible to the extent allowed by the law, support programs and services offered to older adults living in the community. Consider a donation to LifeSpan in lieu of flowers for bereavement or “In Memory of a Loved One”. These donations are separated from funding received by the Allegheny County Area Agency on Aging. If you wish to make a donation, please designate the program where you wish to apply your donation. Name and address information strictly optional:



Name: _____ Address: _____

In Memory of _____

____ Care Management ____ Center Services ____ General Agency ____ Meals on Wheels/Home Delivered Meals



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 <https://www.LifeSpanPA.org>

Senior Community Resource Centers

Bethel Park

5151 Park Ave.
Bethel Park, PA 15102
412-831-7111

Knoxville

320 Brownsville Rd.
Pittsburgh, PA 15210
412-420-8147

Chartiers

300 Lincoln Ave.
Carnegie, PA 15106
412-276-5056

Mon Valley

4313 Walnut St., Suite 3
McKeesport, PA 15132
412-664-5434

Accredited by 
National Institute of
Senior Centers

Imperial

540 Penn Lincoln Dr..
Imperial, PA 15126
724-218-1669

Steel Valley

530 Miller Ave.
Clairton, PA 15025
412-233-4847



United Way of
Southwestern Pennsylvania

Contributor #118