



Resources and Services for Older Adults

314 East Eighth Avenue  
Homestead, PA 15120  
Phone: 412-464-1300

Fax: 412-461-7118  
TTY: 412-461-0769

# Annual Report Fiscal Year 2021-2022 FALL 2023



LifeSpan participated in the 2023 Highmark In-Person Walk.  
LifeSpan raised **\$8,348**.  
All funds raised by LifeSpan, went directly to LifeSpan.



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*If you, your family, friends or neighbors have benefited from LifeSpan's Programs and Resources for Older Adults, please consider making a donation.*

Donations can be made out to: LifeSpan, Inc.  
314 East 8th Avenue, Homestead, PA 15120.

**Your contribution is greatly appreciated!**





Resources and Services for Older Adults

Lifespan is funded in part by the Allegheny County Department of Human Services Area Agency on Aging.

[www.alleghenycounty.us/dhs/aaa](http://www.alleghenycounty.us/dhs/aaa)

AC/AAA Senior Line:  
412-350-5460

Questions, comments or suggestions should be directed to

412-464-1300 Ext.128.

Would you like to receive our publications electronically?

Simply send your request to:

[jleech@lifespansa.org](mailto:jleech@lifespansa.org)



## BOARD OF DIRECTORS 2021-2022

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*President*

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*Vice-President*  
Chairperson PR/Marketing

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*Treasurer*  
Chairperson Finance Committee

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*Secretary*  
Chairperson Nominating

**Ranjana Mandar Joshi**  
Chairperson Personnel Service Committee

**Neil J. McNeil**  
Chairperson Facilities Committee

**At Large Members**  
Jill Albrecht  
Kelly Kassab

Julie Brochetti  
Johanna L. Shoulder

## EXECUTIVE MANAGEMENT TEAM

**Virginia Jurofcik**  
*Chief Executive Officer*

**Kim Rollinson**  
*Center Services Operations Director*

**Julia Huber**  
*Fiscal Operations Director*

**Judy McCrum**  
*Meals on Wheels Operations Director*

**Darlene Hart**  
*Social Services Operations Director*

**Christine Davis**  
*Human Resources Director*

### MISSION

LifeSpan offers resources, programs and services that promote safe, healthy and dignified living.

### VISION

LifeSpan promotes and provides innovative, adult oriented community resources, programs and services for the changing needs of participating individuals and those who care for them.

### PROGRAMS AND SERVICES

Care Management - Protective Services - Center Services Information and Assistance - Family Caregiver Support Program Senior Companion Program - Community Outreach Volunteer Program - Meals on Wheels - Options Program

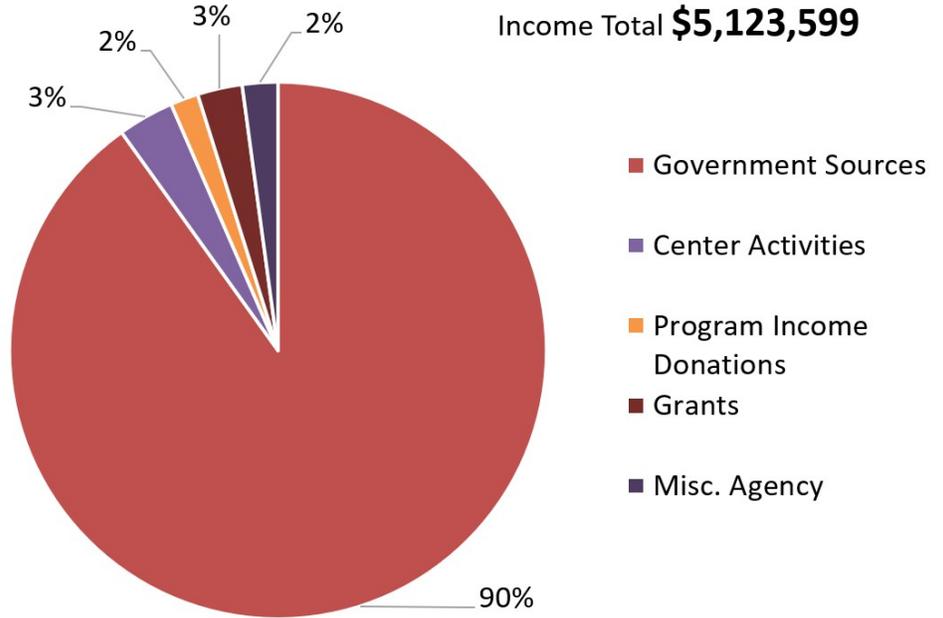


**LIFESPAN FINANCIAL HIGHLIGHTS JULY 1, 2021–JUNE 30, 2022**  
**AUDITED FIGURES BY MAHER DUESSEL CERTIFIED PUBLIC ACCOUNTANTS**

**INCOME**

Donations	\$ 10,763
Government Sources	4,585,567
Interest Income	1,061
Fundraising	10,890
Center Activities	172,298
Program Income Donations	85,506
Grants	137,286
Misc. Agency	108,905
Gain on Asset Disposal	<u>11,323</u>
<b>TOTAL</b>	<b>\$ 5,123,599</b>

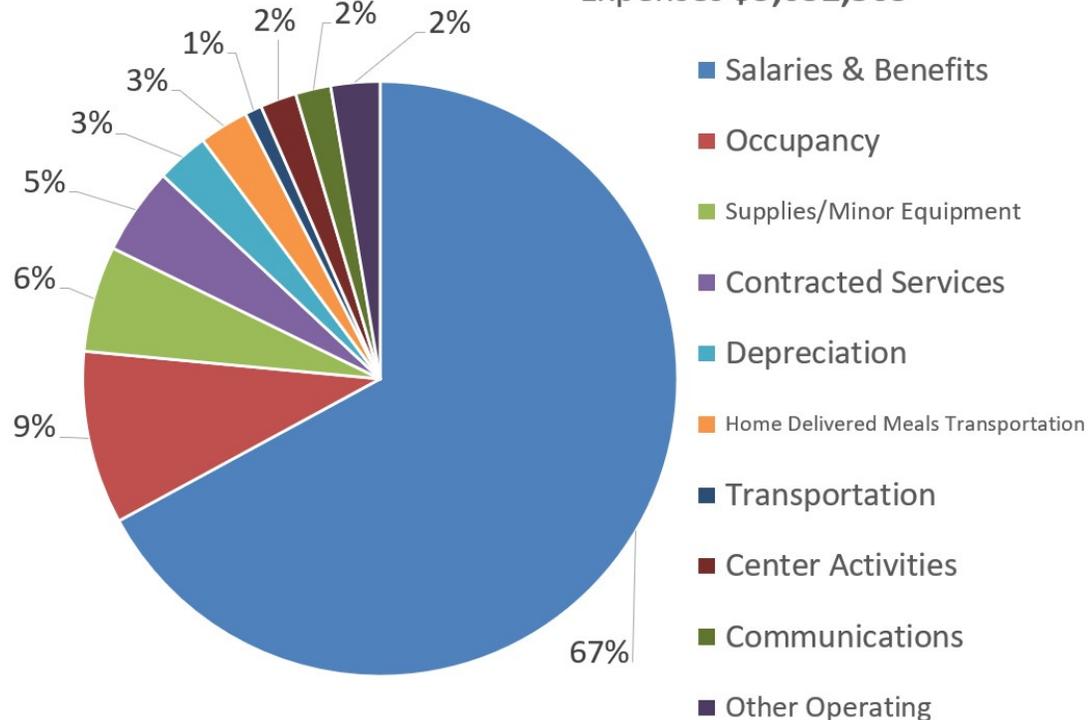
Income Total **\$5,123,599**



**EXPENSES**

Salaries & Benefits	\$ 3,386,183
Occupancy	475,136
Supplies/Minor Equipment	290,467
Contracted Services	239,041
Depreciation	144,185
Fundraising	3,960
HDM/MOW Transportation	135,592
Transportation	46,727
Center Activities	99,598
Communications	96,834
Other Operating	<u>134,642</u>
<b>TOTAL</b>	<b>\$ 5,052,365</b>

Expenses **\$5,052,365**



## CENTER SERVICES

- LifeSpan, Inc. currently operates 6 Senior Community Resource Centers throughout Southwestern Allegheny County.
- The Centers are as unique as the individuals who visit them. Centers are open Monday through Friday, but hours vary.
- The Centers are vibrant and alive offering a diverse menu of activities as well as the normal daily schedules.
- Activities include a congregate meal, transportation registration, information and assistance, casino trips, Wii bowling, bridge clubs, book clubs, fitness/wellness instruction and art groups.

LifeSpan Center Services operated 6 Senior Centers and 3 program extensions serving **3,336 Consumers**, and **22,688 Congregate Meals** between July 1, 2020 and June 30, 2021.

**65,289 Units** of Information and Assistance was provided through the AIRS Certified Specialists and held **6 Community Outreach** events.

LifeSpan also provided participants with **905 Visits** through the Senior Companion Program.

## — Community Partners

***Our sincere thanks for the activities/speakers/resources provided throughout the year.***

412 Food Rescue	Clairton Police	North Fayette Township
AARP	Community College of Allegheny County	Panera
Allegheny County District Attorney's Office	Comfort Keepers	Pittsburgh CLO
Allegheny Intermediate Unit	Dr. Hughes, Podiatrist	Pittsburgh Cultural Trust
Arden Courts	Duquesne University	Promise Hospice
Amedisys Hospice	Frick Art & Historical Center	Sandin Home Health Services
Arrowood @ Southwestern	Gallagher Home Health Care	South Hills Community Connect Group
Asbury Heights	Giant Eagle	The Greater Pittsburgh Food Bank
Atria Senior Living	Greater Pittsburgh Literacy Council	The Pines of Mt. Lebanon
Baldwin Paramedic Rescue	Highmark	Three Rivers Hospice
Baptist Homes Society	Home Instead Senior Care	University of Pittsburgh UPMC—Living-At-Home/ Staying-At-Home Program
Broadmore Senior Living	Jefferson Regional Foundation	The Urban League
Carnegie Library—Knoxville	Locust Grove Senior Living	
Carnegie Library—McKeesport	The Mon Valley Initiative	
Clairton Cares		

## SOCIAL SERVICES

### Care Management

- Those who are 60+ are eligible for OPTIONS. The service supports consumers and caregivers in achieving and sustaining their highest possible level of functioning. An evaluated individual may qualify for an appropriate form of care, ranging from adult day services and respite to basic home support services including Home Delivered Meals.
- All individuals age 60 and over, qualify for care management and identification of resources.
- There is no financial eligibility requirement to be referred to OPTIONS; however, consumers may be required to make a copayment for services based on income.

### Caregiver Support Program

- The Caregiver Support Program (CSP) assists family and friends over the age of 18 in caring for their loved one in their home. The focus is to respond to the needs of the caregiver so that they are able to provide the best care possible for their loved one.
- All reimbursement is subject to the household income of the caregiver's loved one.
- A caregiver will receive a percentage of their qualifying purchases based on the income provided.
- Individuals age 55 and older, related to the care receiver by blood, marriage, or adoption, and living in the same residence may also be eligible for CSP.

LifeSpan's Care Management program provided services to **3,627 Consumers** between 7/1/2021 & 6/30/2022.

At that time the Care Management staff included:

- 1 Operations Director
- 1 Director
- 2 Supervisors
- 24 Care Managers
- 1 Enhanced Care Manager
- 2 support staff

## 13<sup>th</sup> Annual Holiday Sweet Treats Cookie Campaign



Each year, LifeSpan accepts donations of baked goods to distribute to our Meals on

**848 Dozen cookies were donated.**

**Totaling 10,176 cookies!**

**Each of our 789 participants received 1 1/2 dozen cookies.**

**The remaining cookies were delivered to our Senior Centers!**

## MEALS ON WHEELS

- LifeSpan's MOW/HDM program, is a state and federally funded program that provides healthy meals and wellness checks to over 800 participating Older Adults in Allegheny County. In recognition of the multiple needs of the "whole" person.
- The MOW program is committed to service, provision and coordination within the broad realm of nutrition, health-related, and home care services.
- These meals provide a 1/3 of the Older Adult's daily nutritional needs that are delivered by a dependable MOW delivery driver their home.
- Meals are delivered Monday, Wednesday, and Friday (except on holidays) between the hours of 9 am and 4 pm. You must be at home to receive delivery of your meals. This is to ensure a face-to-face health and safety monitoring check.
- Older Adults looking to sign up for MOW must first call the Allegheny County Area Agency on Aging Senior Line to determine eligibility through completing a short assessment over the phone.
- [412-350-5460](tel:412-350-5460) or [412-350-4234](tel:412-350-4234)  
(after hours, weekends and holidays)
- LifeSpan MOW can also provide Private Pay meals, Insurance Plan meals, Community Health Choice meals by contacting the MOW department at [412-464-1300](tel:412-464-1300).  
M-W-F 8am - 4pm and T-Th 8:30am - 3:30pm.

LifeSpan's Meals on Wheels Program operates four kitchens and served a total of **197,770 Meals** to **1,461 Participants** between 7/1/2020 & 6/30/2021.

Two meals are delivered on Monday's and Wednesday's, and one meal on Friday's, unless more are indicated in an individual's plan.



LifeSpan's "Tails of Kindness" Pet Program helps provide a bag of pet food weekly for our MOW participants with furry companions. The pet program has partnered with local PetSmart pet stores for in-kind donations.

The "Tails of Kindness" Pet Program provides 2 Cups of Food - per animal, per week for 53 MOW Participants with Pets. Serving 94 Animals (Cats & Dogs) and 2 Birds with food.

# PROTECTIVE SERVICES

- Investigate elder abuse and neglect in the community, facilities, and hospitals.
- Provide assistance to mitigate imminent risk including providing all necessary resource information.
- Provide a full evaluation to determine the needs of older adults.
- Retain an older adult's autonomy throughout the process of investigation.
- Investigators collaborate with community organizations, law enforcement, and ambulance services to ensure safety of older adults.

LifeSpan's Protective Service Investigators initiated **1,189 Reports** of elder abuse between 7/1/2021 & 6/30/2022.

At that time the Protective Service staff included:

- 1 Operations Director
- 1 Assistant Director
- 2 Supervisors
- 6 Investigators
- 1 Assistant



To our numerous center volunteers who show up day after day and help in our centers. Our volunteers don't miss a beat—taking lunch orders, helping with special events, serving lunches, cleaning up, offering programs for the participants, calling bingo, folding brochures, preparing outreach bags, conducting tours of our facilities... the list just goes on and on.

LifeSpan is very fortunate to have a great group of volunteers. We can't thank you enough!

## Your Donations Go a Long Way - No Amount is Too Small

Contributions to LifeSpan from community groups and individuals are greatly appreciated. Donations, which are tax-deductible to the extent allowed by the law, support programs and services offered to older adults living in the community. Consider a donation to LifeSpan in lieu of flowers for bereavement or "In Memory of a Loved One". These donations are separated from funding received by the Allegheny County Area Agency on Aging. If you wish to make a donation, please designate the program where you wish to apply your donation. Name and address information strictly optional:



Name: \_\_\_\_\_ Address: \_\_\_\_\_

In Memory of \_\_\_\_\_

\_\_\_\_ Care Management \_\_\_\_ Center Services \_\_\_\_ General Agency \_\_\_\_ Meals on Wheels/Home Delivered Meals



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 <https://www.LifeSpanPA.org>

## Senior Community Resource Centers

### Bethel Park

5151 Park Ave.  
Bethel Park, PA 15102  
**412-831-7111**

### Knoxville

320 Brownsville Rd.  
Pittsburgh, PA 15210  
**412-420-8147**

### Chartiers

300 Lincoln Ave.  
Carnegie, PA 15106  
**412-276-5056**

### Mon Valley

4313 Walnut St., Suite 3  
McKeesport, PA 15132  
**412-664-5434**

Accredited by   
National Institute of  
Senior Centers

### Imperial

540 Penn Lincoln Dr..  
Imperial, PA 15126  
**724-218-1669**

### Steel Valley

530 Miller Ave.  
Clairton, PA 15025  
**412-233-4847**



United Way of  
Southwestern Pennsylvania

Contributor #118