



Resources and Services for Older Adults

Steel Valley Senior
Community Resource Center
Monday Through Friday
9:00am to 2:00pm
530 Miller Ave Clairton, PA 15025
412-233-4847



Upcoming
EVENTS

**HAPPY BIRTHDAY
JANUARY BABIES**

FRIDAY 1/26/24

Cost 6.00

**Meatball Subs & Salad
meatball Subs only**

\$3.00

for salad only \$2.00

***Birthday Cake, Treat Bag,
Chips And Special
Beverage!!***

**MUST BE SIGNED
UP AND PAID FOR BY
TUESDAY 1/16/24**

See Jozie for Tickets!

ALL CENTERS WILL BE CLOSED ON

THE FOLLOWING DAYS

JAN 1ST & 2ND

FOR THE NEW YEAR

MONDAY 1/15/24 MARTIN LUTHER KING DAY

What A WAY To Start The
New Year!!

Duquesne University Is coming
back In January We Are look-
ing Forward to Seeing You On
Tuesday 1/16 & 1/30/2024

FUN BINGO



**WILL BE HELD
ON THURSDAYS**

12:30 PM

**Out To Lunch Brunch
THE CARRIAGE INN-
RESTAURANT AND
CATERING**

**1601 Lovedale Rd,
Elizabeth PA 15037**

Pick Up 10:45 AM

Pick Up 1:30 PM

On

**Thursday 1/18/24
Must be signed up By
Thursday 1/11/24**

DAILY LUNCH

Served Promptly at 11:30

\$2

SUGGESTED DONATION

Sign Up 2 days in Advance or
1 Week at a Time

Casino Trip

Wednesday 1/3/24

Sign Up By 12/20/23

Pick up 9:30

Leaves Rivers 3:45

**Instructional
Pool**



By Tyrone

Mondays

@

12:30 PM

**BEEF HOT DOG
PERK DAY**

1/31/24

**SIGN UP w/
Perks Card by**

1/19/24

Xtra: Hot Dog

If Not A Perk Member

\$1.25

DAILY EXERCISE



@ 10 AM

w/ Doug & Video

5 CENT or NICKEL or 5 CENT



NICKEL POKENO

Game Starts

12:30 TO 1:30

2 Door Prizes, Share the Cash and More!!

What are the rules of the game Po-Ke-No?

Pokeno may be played similarly to keno. Each player except the dealer or "banker" is given a board and may bet on any figure that automatically covers one row and one column. The banker turns over playing cards and the players cover only

Food Bank & Senior Food Boxes

DRIVE THRU
Dec 19th
Jan 19th
Feb 16th

Welcome To Steel
Valley Lifespan
Senior Center's
Food Services

SENIOR BOXES
Jan 11th
Feb 8th
March 14

INDOOR SHOP THRU FOOD PANTRY

1ST MONDAY OF THE MONTH

Jan 8th | Feb 5th | March 4th

RESERVATION IS REQUIRED

Please call if you can't keep the appointment.

Meeting

Healthy Lectures

TOPICS & DATES

w/ Jozie

11:00 AM – 11:15 AM

Will Be Posted Soon



REFRESHMENTS AVAILABLE

PAY & SEE SELECTION AT RECEPTION DESK

COFFEE *bottomless* \$1.00

BOTTLED WATER \$1.00

POP \$1.00

CHIPS \$.75

OTHER SNACKS: \$1.00

*Please keep coffee & drink cups
during your stay to minimize waste.*

HAPPY NEW YEAR EVERY ONE 2024

DUQUESNE UNIVERSITY IS COMING BACK
STARTING IN JANUARY 2024
TO DO HEALTH SCREENINGS WITH A FUN
HEALTH BINGO GAME & HEALTH EDUCATION
EVERY OTHER TUESDAY

JANUARY 16th 12PM-2PM
JANUARY 30th 11AM-1PM

SO COME ON OUT AND JOIN US
AT STEEL VALLEY
LIFESPAN SENIOR RESOURCE CENTER
530 MILLER AVENUE
CLAIRTON PA 15025
412-233-4847

HOPE TO SEE YOU THERE!!!

OUR CRAFTS FOR THIS MONTH

- FINISHING UP OUR PLANT POTS**
- STARTING A NEW CRAFT**

KARAOKE EVERY FRIDAY

**PENNY POKENO EVERY WEDNESDAY
(WINNER GETS THE POT)**

MEMORY TRIVIA CHALLENGE EVERY TUESDAY

CARD CLUB 12:00 PM*

**EVERY WEDNESDAY, THURSDAY, FRIDAY UNLESS DATES
CHANGE**

COMING SOON: IN JANUARY 2024 NEW SPEAKERS

HOAGIE SALE-STARTS ON THE 22nd

MONEY BINGO & NICKLE POKENO

MEMO: **EVERYONE MUST SIGN IN NO MATTER IF

YOU DO ONLY HAVE A QUESTION**

NO SOLICITING NOR BEGGING!!!

MANAGEMENT

**HAVE A SAFE AND
HAPPY NEW YEAR 2024!!!**



Resources and Services for Older Adults

LifeSpan Mon Valley is a Non-Profit Organization

Mon Valley LifeSpan

Olympia Shopping Plaza

4313 Walnut Street

McKeesport, PA 15132

412-664-5434

Open Monday thru Friday 8:30am - 4:00pm

HOW DO YOU SPELL FUN ?



**EVERY 3RD SATURDAY
OF EACH MONTH**

\$25

Package Includes

- LUNCH & DRINK
- 20 REGULAR GAMES
- SPECIALS & JACKPOT

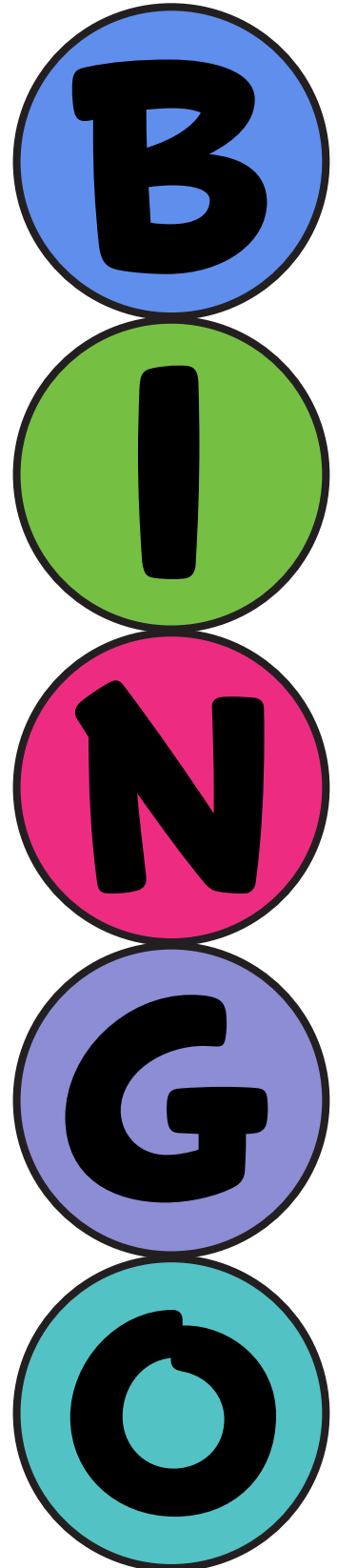
\$500 JACKPOT

**EXTRA PACKAGES, SPECIALS
& JACKPOTS SOLD SEPARATELY**

LUNCH 11:30 AM BINGO 12:00 PM

DOORS WILL NOT OPEN UNTIL 11:00 AM

FOR YOUR SAFETY FROM THE ELEMENTS, PLEASE REMAIN IN YOUR VEHICLE



REGISTER ON 1ST VISIT | NO ID REQ. | ALL WELCOME

DRIVE THRU FOOD DISTRIBUTION

LifeSpan - Steel Valley

530 Miller Ave., Clairton, PA 15025

When: 3rd Tuesday of the Month

Time: 1:00 pm - 3:00 pm

UPCOMING DATES

February 20th

March 19th

April 16th

May 21st

JAN 16th

VOLUNTEERS NEEDED!

INTERESTED?

CALL

412-233-4847



**THE
PITTSBURGH
FOUNDATION**

Lemington Home Fund
benefitting African American Seniors



LifeSpan

Resources and Services for Older Adults



Greater Pittsburgh
**community
food bank**

REGISTER ON 1ST VISIT | NO ID REQ. | ALL WELCOME

SHOP-THRU

Indoor Food Pantry



APPOINTMENTS AVAILABLE



LifeSpan - Steel Valley

530 Miller Ave., Clairton, PA 15025

When: 1st **MONDAY** of the Month

January 8TH
February 5TH
March 4TH
April 1ST
May 6TH
June 3RD

CALL TODAY

412-233-4847



**THE
PITTSBURGH
FOUNDATION**

Lemington Home Fund
benefitting African American Seniors



LifeSpan

Resources and Services for Older Adults



Greater Pittsburgh
**community
food bank**