

Resources and Services for Older Adults

Steel Valley Senior Community Resource Center Monday Through Friday 9:00am to 2:00pm 530 Miller Ave Clairton, PA 15025

412-233-4847



HAPPY BIRTHDAY & VALENTINES DAY FEBRUARY BABIES

WEDNESDAY 2/14/24 Cost IS \$6.00 If you **DO NOT DONATE A SNACK. DRINK OR BUY** A DISH

Cupcakes, Treat Bag, And Special Beverage!! **MUST BE SIGNED UP OR PAID BY TUESDAY 2/7/24**

See Sign-Up Sheet Up Front JOZIE OR VANESSA

BLACK HISTORY MONTH CELEBRATION 2024



What A WAY To Start The

New Year!!

Duquesne University will be here on the following Tuesdays

2 /13 & 2/27/2024 for

Health Screening and Bingo @ 11am-2pm

DAILY LUNCH

Served Promptly at 11:30

SUGGESTED DONATION

Sign Up 2 days in Advance or 1 Week at a Time

Bunch **DREWS Rt 30**

Out To Lunch

Pick Up 11:30am Return 1:30pm

On

WEDNESDAY

2/23/24

Must be signed up **By Thursday**

2/8/24

Casino Trip

Wednesday 2/7/24 Sign Up By 2/2/24

Pick up 10:30am Leaves River 1:30pm

Instructional Pool



By Tyrone

Mondays **(***a***)**

12:30pm

FUN BINGO



WILL BE HELD **ON Mondays**

12:30pm

GRILLED CHEESE & TOMATO SOUP

PERK DAY

2/29/24

SIGN UP w/

Perks Card by

2/19/24

Extra:

If Not A Perk Member

DAILY EXERCISE



@ 10am w/ Doug & Video

5 CENT or NICKEL or 5 CENT



NICKEL POKENO

Game Starts

12:30pm TO 1:30pm 2 Door Prizes, Share the Cash and More!!

What are the rules of the game Po-Ke-No?

Pokeno may be played similarly to keno. Each player except the dealer or "banker" is given a board and may bet on any figure that automatically covers one row and one column. The banker turns over playing cards and the players cover only

Food Bank & Senior Food Boxes

SENIOR BOXES
Feb 16th
March 15th
April 19th

Welcome To Steel
Valley Lifespan
Senior Center's
Food Services

DRIVE THRU
Feb 20th
March 19th
April 16th

INDOOR SHOP THRU FOOD PANTRY

1ST MONDAY OF THE MONTH Feb 5th | March 4th | April 1st

RESERVATION IS REQUIRED

Please call if you can't keep the appointment.



ADVISORY COMMITTEE
Thursday 2/22/24



REFRESHMENTS AVAILABLE

PAY & SEE SELECTION AT RECEPTION DESK

COFFEE bottomless \$1.00

BOTTLED WATER \$1.00

POP \$1.00

CHIPS \$.75

OTHER SNACKS: \$1.00

Please keep coffee & drink cups during your stay to minimize waste.

HAPPY VALENTINES DAY

DUQUESNE UNIVERSITY IS COMING BACK TO DO HEALTH SCREENINGS WITH A FUN HEALTH BINGO GAME & HEALTH EDUCATION EVERY OTHER TUESDAY

Tuesday 2/13/24 @12pm-2pm Tuesday 2/27/24 @11am-1pm

SO COME ON OUT AND JOIN US
AT STEEL VALLEY
LIFESPAN SENIOR RESOURCE CENTER
530 MILLER AVENUE
CLAIRTON PA 15025
412-233-4847

HOPE TO SEE HERE!!!

OUR CRAFTS FOR THIS MONTH

WILL BE VALENTINES DAY CRAFTS WITH MRS. JOANN WELCH STARTING

KARAOKE EVERY FRIDAY

PENNY POKENO EVERY WEDNESDAY

12:30 pm-1:30pm

(WINNER GETS THE POT)

MEMORY TRIVIA CHALLENGE EVERY TUESDAY

CARD CLUB 12:00pm*

EVERY WEDNDAY, THURSDAY, FRIDAY
UNI FSS DATES CHANGE

COMING SOON: IN FEBRUARY 2024

NEW SPEAKERS: State Rep Matthew Gergely Thursday, February 1, 2024 @ 12noon

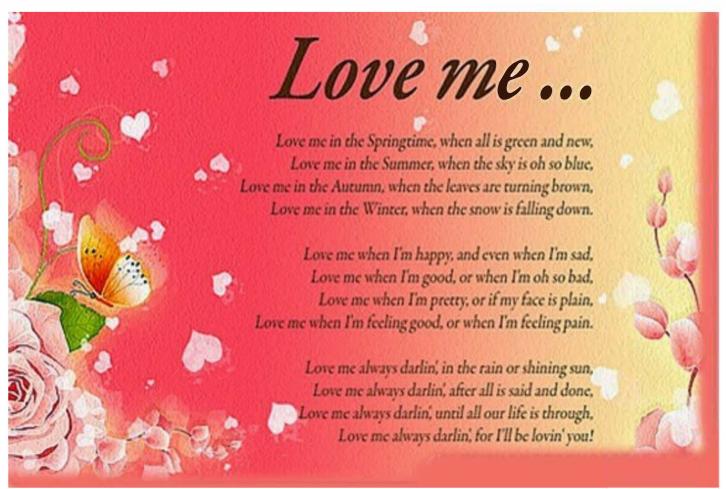
AETNA REP: Jane Miller February 21, 2024 10:30am-11:25am HOAGIE SALE-STARTS ON Thursday February 1, throughout the MONTH Ends March 1,2024

MONEY BINGO & NICKLE POKENO
Poetry Representation Of Black History

MEMO: **EVERYONE MUST SIGN IN NO MATTER IF YOU ONLY
HAVE A QUESTION**

HADDY BLACK HISTORY MONTH HADDY VALENTINES DAY!!!

Happyine's Charles (Charles)



BLACK HISTORY MONTH

"Black trans history is also vitally important to point out to cis Black people, our allies, and our detractors we not only exist, but our lives are part of the kente cloth fabric of the African-American community. We also need to pass this history down so that it serves to inspire the next generation of trans kids who are following in our footsteps and point out Black trans p have a legacy and possibility model

Monica Roberts

CROSSROADS
FREEDOM LITY LN

EMARCHAGINATION
Proclamation
Proclamation
1863
Non is the time
to rise from the
dark and desolute valley of segregation to the



