



HOME DELIVERED MEAL MENU - August 2024

Nutrition, Inc.

		August 1	August 2	
		Ham BBQ w/Hamburger Bun Potato Bean Soup Mandarin Oranges	Black Bean Chili Green Beans Rice White Bread Fresh Fruit	
August 5	August 6	August 7	August 8	August 9
Turkey w/Stuffing & Gravy Whipped Potatoes Carrots White Bread Applesauce	Cheeseburger w/Hamburger Roll Seasoned Potatoes Peas Craisins	Chicken Burrito Bowl Lime Brown Rice Corn Salsa Tortilla Chips Cinnamon Peaches	Eggplant Parm Pasta Fagioli White Bread Fresh Fruit	Chicken Bruschetta w/Mozzarella Cheese Italian Potatoes Peas Wheat Bread Fresh Fruit
August 12	August 13	August 14	August 15	August 16
Homemade Meatloaf w/Gravy Sweet Potato Casserole w/Pecans Corn Wheat Bread Fruit Cocktail	Pork w/Gravy Pierogi w/Kraut Broccoli Wheat Bread Fruit Gel Cup	Rosemary Chicken Garlic Whipped Potatoes Brussels Sprouts White Bread Mandarin Oranges	Chili Dog w/Hot Dog Bun Chili Sauce Green Beans Fresh Fruit	Alfredo Tortellini Spinach Stewed Tomatoes Fresh Fruit Cookie
August 19	August 20	August 21	August 22	August 23
Battered Fish Red Beans & Rice Collard Greens White Bread Fruit Cup	Beef Stroganoff Egg Noodles Broccoli White Bread Warm Pears	Swedish Meatballs Sweet Potato Casserole w/Cranberries Buttered Noodles Wheat Bread Mixed Fruit	Chicken Marsala Brussels Sprouts Wheat Bread Warm Cinnamon Peaches Cookie	Veggie Pizza Casserole Broccoli Dinner Roll Warm Peaches
August 26	August 27	August 28	August 29	August 30
Hot Dog w/Roll Garlic & Herb Baby Bakers Lima Beans Wheat Bread Mixed Fruit	Chicken Filet w/Wheat Bun Broccoli Warm Cinnamon Apples	Egg Omelet w/Peppers & Onions Potatoes O'Brien Mini Biscuit Fresh Fruit	Beef Stew Peas Dinner Roll Warm Fruit Compote	Chicken Piccata Gourmet Potatoes Peas Wheat Bread Fresh Apple

All meals include a choice of milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.