



HOME DELIVERED MEAL MENU – September 2024



Nutrition, Inc.

September 2 Pasta & Meatballs Italian Green Beans White Bread Raisins	September 3 Homemade Cabbage Roll Garlic Whipped Potatoes Carrots Dinner Roll Applesauce	September 4 Tuscan Chicken Breast Parsley Potatoes Green Beans White Bread Fresh Fruit Cookie	September 5 Roast Beef w/Gravy Buttered Noodles Mixed Vegetables Wheat Bread Fresh Fruit	September 6 Stuffed Pasta Broccoli Dinner Roll Warm Peach Crisp
September 9 Orange Chicken Brown Rice Stir Fry Vegetables Wheat Bread Fruit Gel Cup	September 10 Italian Sausage w/Hot Dog Roll & Pepper/Tomato/Onion Spinach Oatmeal Crème Pie	September 11 Bonnie's Chicken & Rice w/Peas & Mushrooms Broccoli Wheat Bread Warm Pears	September 12 Beef Marsala Whipped Potatoes Green Beans White Bread Fresh Fruit	September 13 Vegetable Lasagna Italian Green Beans Wheat Dinner Roll Warm Peaches
September 16 Chicken Parm Sandwich w/Hamburger Bun & Pepper/Tomato/Onion Home Fries Gelatin	September 17 Mushroom Swiss Burger w/Hamburger Bun Seasoned Potatoes Carrots Tropical Fruit Cup	September 18 Pepper Steak w/Gravy Buttered Spaetzle Broccoli Fresh Fruit	September 19 Ham BBQ w/Hamburger Bun Potato Bean Soup Mandarin Oranges	September 20 Black Bean Chili Green Beans Rice White Bread Fresh Fruit
September 23 Turkey w/Stuffing & Gravy Whipped Potatoes Carrots White Bread Applesauce	September 24 Chicken Burrito Bowl Lime Brown Rice Corn Salsa Tortilla Chips Cinnamon Peaches	September 25 Cheeseburger w/Hamburger Roll Seasoned Potatoes Peas Craisins	September 26 Chicken Bruschetta w/Mozzarella Cheese Italian Potatoes Peas Wheat Bread Fresh Fruit	September 27 Eggplant Parm Pasta Fagioli White Bread Fresh Fruit
September 30 Homemade Meatloaf w/Gravy Sweet Potato Casserole w/Pecans Corn Wheat Bread Fruit Cocktail				

All meals include a choice of milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.