

Knoxville Senior Resource Center

Monday, Wednesday, and Friday 9AM-2PM
Tuesday and Thursday 8AM-1PM
320 Brownsville Road Pittsburgh, PA 15210
(412) 420-8147
Melissia G. Blakey Site Coordinator
www.lifespanpa.org

Daily Lunch Service

Lunch will be served daily at 11:30AM, please arrive on time!
Lunch reservations must be made 2 days before by 11:00AM!
Lunch is a suggested donation of \$2.00! We are excited to have everyone back at the center for a hot and ready meal!

Center Closures!

**We will be closed on:
Wednesday, August 21st**

FRIENDLY FEUD

JOIN US FOR

A TRIVA GAME

MAKE GOOD USE OF YOUR

KNOWLEDGE AUGUST 23RD, 10AM

New Activities:

8/6 Meet Ms. Hattie

Ms. Hattie is with the local "Urban Farm"

Come learn about and try some locally grown vegetables.

Movie Mondays, 12PM –2PM:

8/5 Comedy 8/12 Action

8/17 Mystery 8/19 Reality

**Click the Link
for the
Full Newsletter!!**

"Let's Move & Groove"

Fridays at 10AM join us to try different types of exercise:

8/2 Lets Stretch 8/9 Walk About

8/16 Let's Dance 8/23 Chair Yoga

COMING IN SEPTEMBER LEARN TO CROCHET WITH MS. D!

Please bring your own G gage needle.
Try the Dollar Tree. We will provide the yarn.



BINGO

Tuesday, Thursday

10:30AM-11:30AM

Upcoming speakers: and events:

"Get Your Bus Connect Card"

8/6, Tuesday 9:30AM.

Bring your I.D. and we will assist you in obtaining your transportation card

"Crafts With Pauline"

8/14 , 10AM

Make a Tank Top Tote Bag

8/20, 11 AM Advisory Meeting

8/23 Friendly Feud