

HOME DELIVERED MEAL MENU

November 2024

Nutrition, Inc.



November 1				
Vegetable Lasagna Italian Green Beans Dinner Roll Warm Peaches				
November 4	November 5	November 6	November 7	November 8
Chicken Parm Sandwich w/Peppers, Tomato & Onion Home Fries Gelatin	Mushroom Swiss Burger Seasoned Potatoes Carrots Tropical Fruit Cup	Pepper Steak Buttered Spaetzle Broccoli Fresh Seasoned Fruit	Ham BBQ w/Bun Potato Bean Soup Mandarin Oranges	Black Bean Chili Green Beans Rice White Bread Fresh Seasonal Fruit
November 11	November 12	November 13	November 14	November 15
Beef Stroganoff w/Egg Noodles Broccoli White Bread Warm Pears	Cheeseburger w/Roll Seasoned Potatoes Peas Craisins	Chicken Burrito Bowl Lime Brown Rice Corn Salsa Tortilla Chips Cinnamon Peaches	Eggplant Parm Pasta Fagioli White Bread Fresh Seasonal Fruit	Chicken Bruschetta w/Mozzarella Cheese Italian Potatoes Peas Wheat Bread Fresh Seasonal Fruit
November 18	November 19	November 20	November 21	November 22
Meatloaf w/Gravy Sweet Potato Casserole w/pecans Corn Wheat Bread Fruit Cocktail	Pork w/Gravy Pierogi w/Kraut Broccoli Wheat Bread Fruit Gel Cup	Rosemary Chicken Garlic Whipped Potatoes Brussels Sprouts White Bread Mandarin Oranges	Chili Dog w/Bun Chili Sauce Green Beans Fresh Fruit	Alfredo Tortellini Spinach Stewed Tomatoes Fresh Fruit Cookie
November 25	November 26	November 27	November 28	November 29
Battered Fish Spicy Red Beans & Rice Collard Greens White Bread Fruit Cup	Turkey w/Stuffing & Gravy Whipped Potatoes Carrots White Bread Pumpkin Pie	Swedish Meatballs w/Buttered Noodles Sweet Potato Casserole w/Cranberries Wheat Bread Mixed Fruit	Chicken Marsala Brussels Sprouts Wheat Bread Warm Cinnamon Peaches Cookie	Veggie Pizza Casserole Broccoli Dinner Roll Warm Peaches

All meals include a choice of milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.

