

Resources and Services for Older Adults

CRAFT DAY

Easter Painting 4/4/25

\$3

Die Easter Eggs 4/18/25 Plant Flowers 4//23/25

\$4

PLEASE SEE SIGN UP LIST AND PAY YOUR FEE IF INTERESTED

ALLEGHENY COUNTY
HEALTH DEPARTMENT
Tai Chi
Instructor
FOR ATHRITIS AND FALLS
PREVENTION
FREE CLASS

THE HEALTH BENEFITS

Physical and Mental
Balance
Improved Strength
Decreased Pain
Is Being Held Here On

Tuesdays & Thursdays 12:15pm-!:15pm

Contact Jozette Gates

DAILY EXERCISE



Steel Valley Senior

Community Resource Center

Monday Through Friday

9:30am to 2:00pm

530 Miller Ave Clairton, PA 15025

412-233-4847

NEWSFLASH!!!!!!!!

There will Be an
Allegheny County
In House Training Held for
Staff and Kitchen Workers
On Tuesday April 8, 2025
@ 9:00am

Community Life Rep

Chelsey Sennett

Will be here on Tuesday 4/1/2025

!0:00am-1:30pm

ORDER OUT TO

EAT IN

LUNCH BUNCH

FISH FRY

First AME Church

Clairton PA 15025

MUST BE SIGNED UP BY

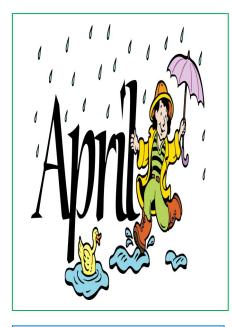
(for Order to be placed)

FRIDAY 4/4/25









Perk Day

THURSDAY 4/25/25

PIZZA DAY
MUST HAVE PERKS CARD
without a perks card \$1.00
Must be signed up by
FRIDAY 4/17/2025

DAILY LUNCH

Served Promptly at 11:30am

DONATIONS ACCEPTED

Sign Up 2 days in Advance 1 Week at a Time



5 CENT or NICKEL



NICKEL POKENO

Game Starts

12:30pm TO 1:30pm 2 Door Prizes, Share the Cash and More!!

What are the rules of the game Po-Ke-No?

Pokeno may be played similarly to keno. Each player except the dealer or "banker" is given a board and may bet on any figure that automatically covers one row and one column. The banker turns over playing cards and the players cover only

Food Bank & Senior Food Boxes

SENIOR BOXES

April 10th May 8th June 12th Welcome To Lifespan Steel Valley Senior Center DRIVE THRU
APRIL 15th
MAY 20th
JUNE 17th

THE RED DOOR INDOOR SHOP THRU FOOD PANTRY

1ST MONDAY & TUESDAY OF THE MONTH | APRIL 1st &7th | MAY 5th&6th | JUN 2nd & 3rd

RESERVATION IS REQUIRED

Please call if you can't keep the appointment.



TOPIC TO BE ANNOUNCED

REFRESHMENTS AVAILABLE

COFFEE bottomless \$1.00

BOTTLED WATER \$1.00

POP \$1.00

CHIPS \$.75

OTHER SNACKS: \$1.00

Please keep coffee & drink cups during your stay to minimize waste.



. HEALTH SCREENINGS WITH HEALTH BINGO

. HEALTH EDUCATION

Tuesday

10:30am - 1:30pm April 15, 2025 Health Education Bingo Initiative A-1C



COME OUT AND JOIN US AT

LIFESPAN STEEL VALLEY SENIOR RESOURCE CENTER

530 MILLER AVENUE, CLAIRTON PA 15025

412-233-4847



Weekly Activities

Monday 12:00pm Instructional Pool W/ Tyrone

1:00pm Wii Bowling /Movie 12pm-1:45pm

Tuesday Memory Trivia Challenges

12:00pm - Card Club

Wednesday 12:30 PM - Penny Pokeno

Karaoke 1:30pm /

BINGO COMING SOON!!! Plans are being made for APRIL

12:15pm-1:50pm

Thursday 12:00pm - Card Club

Friday 12:00pm - Card Club/ Current Event/ WOMENS INTERNATIONAL DAY 12:30pm - Nickel Pokeno/ CRAFT/ 3/14/25 DECORATE and BAKE COOKIES

NEW SPEAKER: Community Life/ Chelsy 3/4/25 10:00am
Tai Chi / Allegheny County Health Department (EVERY TUESDAY & THURSDAY)

Hoagies Will BE Delivered And Ready for Pick up After 12noon ON Thursday April 10,2025



MEMO: **EVERYONE MUST SIGN ON ENTERING THE CENTER
NO SOLICITING OR PANHANDLING!!!!! PLEASE CLEAN-UP BEHIND
YOURSELF

Management !!!!!!