



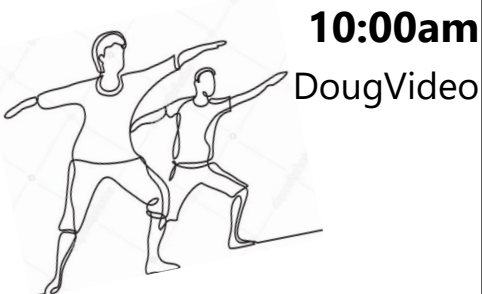
Resources and Services for Older Adults

CRAFT DAY
Plant 5/7/25
\$4

**PLEASE SEE SIGN UP
LIST AND PAY YOUR
FEE IF INTERESTED**

**Stefanie
Vaugh from
American
Water Co.
WILL BE HERE
WEDNESDAY
MAY 7, 2025
@12:15pm**

DAILY EXERCISE



10:00am

DougVideo

**Steel Valley Senior
Community Resource Center**
Monday Through Friday
9:30am to 2:00pm
530 Miller Ave
Clairton, PA 15025
412-233-4847

NEWSFLASH!!!!!!!
**The Center will Be closed on
Friday May 9, 2025 For All
Staff meeting &
Monday May 26, 2025
In Observance for Memorial-
Day**

Community Life Rep
Chelsey Sennett
**Will be here on Monday 5/5 Tues-
day 5/6/2025**
10:00am-1:30pm

**ORDER OUT TO
EAT IN
LUNCH BRUNCH
At Gateway Grille
Monroeville Pa
FRIDAY 5/6/25**

**MUST BE SIGNED UP BY
MAY 2, 2025**



**Representative
Letha Poole-
Nelson
from Aetna will
be here
On
Wednesday
May 21, 2025
@ 11:30am**

Perk Day

Friday May 2, 2025
PIZZA DAY
MUST HAVE PERKS CARD
without a perks card \$1.00
Must be signed up by
FRIDAY 5/16/2025

DAILY LUNCH

Served Promptly at 11:30am

DONATIONS ACCEPTED

Sign Up 2 days in Advance
1 Week at a Time

Rivers Casino Trip
Wed May 7, 2025 10am



5 CENT or NICKEL



NICKEL POKENO

Game Starts

12:30pm TO 1:30pm

2 Door Prizes, Share the Cash and More!!

What are the rules of the game Po-Ke-No?

Pokeno may be played similarly to keno. Each player except the dealer or "banker" is given a board and may bet on any figure that automatically covers one row and one column. The banker turns over playing cards and the players cover only

Food Bank & Senior Food Boxes

SENIOR BOXES

May 8th
June 12th
July 10th

Welcome To
Lifespan
Steel Valley
Senior Center

DRIVE THRU

MAY 20th
JUNE 17th
JULY 15th

THE RED DOOR **INDOOR SHOP THRU FOOD PANTRY**

1ST MONDAY & TUESDAY OF THE MONTH
| MAY 5th&6th | JUN 2nd & 3rd | JULY 2nd&7th

RESERVATION IS REQUIRED

Please call if you can't keep the appointment.

Nutrition/Education

TOPIC TO BE
ANNOUNCED

REFRESHMENTS **AVAILABLE**

COFFEE *bottomless* **\$1.00**
BOTTLED WATER **\$1.00**
POP **\$1.00**
CHIPS **\$.75**
OTHER SNACKS: **\$1.00**

*Please keep coffee & drink cups
during your stay to minimize waste.*



- HEALTH SCREENINGS WITH HEALTH BINGO
- HEALTH EDUCATION

Tuesday 10:30am - 1:30pm
May 27, 2025
Health Education
Bingo
Initiative A-1C



New Schedule To Be Announced

*COME OUT AND JOIN US AT
LIFESPAN STEEL VALLEY SENIOR RESOURCE CENTER
530 MILLER AVENUE, CLAIRTON PA 15025
412-233-4847*



Choose Health

Be Healthy For Life

Weekly Activities

Monday 12:00pm Instructional Pool W/ Tyrone
1:00pm wii Bowling /Movie 12pm-1:45pm

Tuesday Memory Trivia Challenges
12:00pm - Card Club

Wednesday 12:30pm - Penny Pokeno
1:30pm - Karaoke

BINGO COMING SOON!!! Plans are being made for MAY
12:15pm-1:50pm

Thursday 12:00pm - Card Club

Friday 12:00pm - Card Club/ Current Event/ WOMENS INTERNATIONAL DAY
12:30pm - Nickel Pokeno/ CRAFT/ 3/14/25 DECORATE and BAKE COOKIES

NEW SPEAKER: Community Life/ Chelsy 5,& 6, 25 10:00am

Tai Chi / Allegheny County Health Department (EVERY TUESDAY & THURSDAY) TUESDAY MAY 8th Will the last Day.

HAVE A SAFE AND HAPPY HOLIDAY!!

MEMO: **EVERYONE MUST SIGN IN AT FRONT DESK BEFORE ENTERING THE CENTER With Copilot TAG Please Bring it with you every Day that you Attend The Program...



NO SOLICITING OR PANHANDLING!!!! PLEASE CLEAN-UP BEHIND YOURSELF