

ALLEGHENY COUNTY
DEPARTMENT OF HUMAN SERVICES
AREA AGENCY ON AGING
NUTRITION DEPARTMENT

NUTRITION, INC.

HOME DELIVERED MEAL MENU June 2025

June 2	June 3	June 4	June 5	June 6
Meatloaf w/Gravy Mashed Potatoes Corn Wheat Bread Fruit Cocktail	Pork w/Gravy* Pierogi w/kraut Broccoli Wheat Bread Fruit Gel Cup	Rosemary Chicken Garlic Whipped Potatoes Brussels Sprouts White Bread Mandarin Oranges	Chili Dog* Green Beans Hot Dog Bun Fresh Fruit	Alfredo Tortellini Spinach Stewed Tomatoes Fresh Fruit Cookie
June 9	June 10	June 11	June 12	June 13
Sausage Pizza Casserole* Broccoli Dinner Roll Warm Peaches	Beef Stroganoff Egg Noodles Broccoli White Bread Warm Pears	Swedish Meatballs Mashed Potatoes Wheat Bread Fruit Compote	Korean BBQ Chicken Stir Fried Brown Rice Warm Cinnamon Peaches	Battered Fish Red Beans & Rice Collard Greens White Bread Fruit Cup
June 16	June 17	June 18	June 19	June 20
Hot Dog w/Roll* Garlic & Herb Baby Bakers Lima Beans Mixed Fruit	Chicken Filet Broccoli Wheat Bun Warm Cinnamon Apples	Chicken Piccata Buttered Noodles Peas Wheat Bread Fresh Orange	Beef Stew Peas Dinner Roll Warm Fruit Compote	Cheese Egg Bites Potatoes O'Brien Mini Biscuit Fresh Fruit
June 23	June 24	June 25	June 26	June 27
Pasta & Meatballs Italian Green Beans White Bread Raisins Little Debbie	Cabbage Roll Garlic Whipped Potatoes Carrots Dinner Roll Applesauce	Tuscan Chicken Breast Parsley Potatoes Green Beans White Bread Fresh Fruit Cookie	Roast Beef & Gravy Buttered Noodles Mixed Vegetables Wheat Bread Fresh Fruit	Black Bean Chili Green Beans Rice White Bread Fresh Fruit
June 30				
Crab Cake Mac & Cheese Stewed Tomatoes Broccoli & Cauliflower Fruit Gel Cup				

All meals include milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.

