



HOME DELIVERED MEAL MENU – July 2025

Nutrition, Inc.

July 1	July 2	July 3	July 4	
PORK w/GRAVY* Pierogi w/Kraut Broccoli Wheat Bread Fruit Gel Cup	Jerk Chicken Fiesta Rice Corn Medley Mandarin Oranges	Alfredo Tortellini Spinach Stewed Tomatoes Fresh Fruit Cookie	CHILI DOG w/BUN* Green Beans Apple Pie	
July 7	July 8	July 9	July 10	July 11
Swedish Meatballs Mashed Potatoes Wheat Bread Fruit Compote	Sliced Beef Bourguignon Garlic Mashed Potatoes Broccoli White Bread Pears	Korean BBQ Chicken Stir Fried Rice Broccoli Cookie Peaches	Stuffed Pepper Garlic Whipped Potatoes Carrots Dinner Roll Fresh Fruit	Battered Fish Red Beans & Rice Collard Greens White Bread Fresh Fruit
July 14	July 15	July 16	July 17	July 18
HOT DOG w/BUN* Garlic & Herb Baby Bakers Lima Beans Mixed Fruit	Chicken Filet w/Bun Broccoli Warm Cinnamon Apples	Chicken Piccata Buttered Noodles Peas Wheat Bread Orange	Beef Stew Peas Dinner Roll Warm Fruit Compote	White Bean Chili Brown Rice Carrots Fresh Seasonal Fruit
July 21	July 22	July 23	July 24	July 25
SAUSAGE PIZZA CASSEROLE* Broccoli Dinner Roll Warm Peaches	Cabbage Roll Garlic Whipped Potatoes Carrots Dinner Roll Applesauce	Marry Me Chicken Parsley Potatoes Green Beans White Bread Fresh Seasonal Fruit Cookie	Roast Beef & Gravy Buttered Noodles Mixed Vegetables Wheat Bread Fresh Fruit	Mexican Baked Haddock Yellow Rice Refried Beans Fresh Seasonal Fruit
July 28	July 29	July 30	July 31	
Open Face Roast Beef Sandwich Mashed Potatoes Carrots Fruit Gel Cup	Bonnie's Chicken & Rice (with peas & mushrooms) Broccoli Wheat Bread Warm Pears	ITALIAN SAUSAGE* w/Hot Dog Roll Cauliflower Peppers Tomato Onion Oatmeal Crème Pie	Beef Marsala Garden Rice Green Beans Fresh Seasonal Fruit	

rev 6.11.25

All meals include milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.

NOTE: Meals marked with an * behind the entrée name contain pork.

