



## HOME DELIVERED MEAL MENU – September 2025



Nutrition, Inc.

| September 1  | September 2  | September 3   | September 4   | September 5  |
|--|--|---|---|--|
| <b>HOT DOG w/BUN*</b><br>Garlic & Herb Baby Bakers<br>Lima Beans<br>Mixed Fruit        | <b>Chicken Filet w/Bun</b><br>Broccoli<br>Warm Cinnamon Apples   | <b>Chicken Piccata</b><br>Buttered Noodles<br>Peas<br>Wheat Bread<br>Orange                                 | <b>Beef Stew</b><br>Peas<br>Dinner Roll<br>Warm Fruit Compote                                       | <b>White Bean Chili</b><br>Brown Rice<br>Carrots<br>Fresh Seasonal Fruit             |
| September 8  | September 9  | September 10  | September 11  | September 12   |
| <b>SAUSAGE PIZZA CASSEROLE*</b><br>Broccoli<br>Dinner Roll<br>Warm Peaches             | <b>Cabbage Roll</b><br>Garlic Whipped Potatoes<br>Carrots<br>Dinner Roll<br>Applesauce                 | <b>Marry Me Chicken</b><br>Parsley Potatoes<br>Green Beans<br>White Bread<br>Fresh Seasonal Fruit<br>Cookie | <b>Roast Beef &amp; Gravy</b><br>Buttered Noodles<br>Mixed Vegetables<br>Wheat Bread<br>Fresh Fruit | <b>Mexican Baked Haddock</b><br>Yellow Rice<br>Refried Beans<br>Fresh Seasonal Fruit |
| September 15   | September 16   | September 17  | September 18  | September 19   |
| <b>Open Face Roast Beef Sandwich</b><br>Mashed Potatoes<br>Carrots<br>Fruit Gel Cup    | <b>Bonnie's Chicken &amp; Rice</b><br>(with peas & mushrooms)<br>Broccoli<br>Wheat Bread<br>Warm Pears | <b>ITALIAN SAUSAGE*</b><br>w/Hot Dog Roll<br>Cauliflower<br>Peppers Tomato Onion<br>Oatmeal Crème Pie       | <b>Beef Marsala</b><br>Garden Rice<br>Green Beans<br>Fresh Seasonal Fruit                           | <b>Vegetable Lasagna</b><br>Broccoli<br>Wheat Dinner Roll<br>Warm Peaches            |
| September 22   | September 23   | September 24  | September 25  | September 26   |
| <b>Chicken Parm</b><br>Home Fries<br>Peppers/Onions/Tomato<br>Wheat Bread<br>Gelatin   | <b>Mushroom Swiss Burger w/Bun</b><br>Seasoned Potatoes<br>Carrots<br>Tropical Fruit Cup               | <b>Ham BBQ w/Bun*</b><br>Potato Soup<br>Mandarin Oranges  | <b>Pepper Steak w/Gravy</b><br>Buttered Spaetzle<br>Broccoli<br>Fresh Seasonal Fruit                | <b>Manicotti</b><br>Broccoli<br>Dinner Roll<br>Warm Peach Crisp                      |
| September 29   | September 30   |   |   |  |
| <b>Turkey w/Stuffing &amp; Gravy</b><br>Whipped Potatoes<br>Green Beans<br>Wheat Bread | <b>Sesame Chicken</b><br>Brown Rice<br>Broccoli<br>Banana Bread  |   |   |  |

All meals include milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.

**NOTE:** Meals marked with an \* behind the entrée **contain pork**.